

60th ALL INDIA POLICE ATHLETIC CHAMPIONSHIPS-2011-2012

Org By:- DELHI POLICE * J.L.NEHRU STADIUM- NEW DELHI *

* 12th TO 15th March 2012 *

~~* FINAL RESULTS *~*~*

Event # 1 MENS 100m

TIME:-16:45 HRS

13/03/2012

M.R.:AJAY RAJ PUNJAB 10.28 2000

%N.R.:A.NAJEEB QURESHI NEW DELHI 10.30 6/10/2010

FINAL

1	MANINDER SINGH, .	PUNJAB POLICE	10.55
2	SAJI P.S., .	CRPF	10.99
3	AMANDEEP SINGH JR, .	PUNJAB POLICE	11.07
4	ANOOP P.K., .	KERALA POLICE	11.17
5	GOPAL KISHORE SAHA, .	BORDER SECURITY FORCE	11.20
6	VAIBHAV YEDGE, .	MAHARASTRA POLICE	11.21
7	SARAJ SINGH, .	PUNJAB POLICE	11.21
8	RANJEET SHARMA, .	CISF	11.27

Semi Final-1

1	GOPAL KISHORE SAHA, .	BORDER SECURITY FORCE	11.15
2	RANJEET SHARMA, .	CISF	11.17
3	AMANDEEP SINGH JR, .	PUNJAB POLICE	11.19
4	MEENAKSHI SUNDRAM, .	TAMILNADU POLICE	11.28
5	MD BABA, .	ANDHRA PRADESH POLICE	11.32
6	VIPIN KUMAR, .	SASHASTRA SEEMA BAL	11.33
7	KALA CHAND, .	UTTARAKHAND POLICE	11.48
8	SANGRAM PATIL, .	MAHARASTRA POLICE	11.54

Semi Final-2

1	SAJI P.S., .	CRPF	11.05
2	SARAJ SINGH, .	PUNJAB POLICE	11.14
3	VAIBHAV YEDGE, .	MAHARASTRA POLICE	11.22
4	JAGDISH BASAK, .	BORDER SECURITY FORCE	11.23
5	SREERAJ M.M., .	KERALA POLICE	11.33
6	SENTHIL, .	TAMILNADU POLICE	11.38
7	AZAD KUMAR SINGH, .	UTTAR PADESH POLICE	11.40
8	JOGINDER, .	DELHI POLICE	11.55

Semi Final-3

1	MANINDER SINGH, .	PUNJAB POLICE	10.82
2	ANOOP P.K., .	KERALA POLICE	11.04
3	CH.CHITRANJAN SINGH, .	CRPF	11.24
4	RENJITH K.G., .	KERALA POLICE	11.32
5	VIJENDRA KALE, .	MAHARASTRA POLICE	11.39
6	K.PANDIYAN, .	TAMILNADU POLICE	11.40
7	SURAJ, .	UTTARAKHAND POLICE	11.72
8	JAGDISH, .	KARNATAKA POLICE	12.40

Heat-1

1	VAIBHAV YEDGE, .	MAHARASTRA POLICE	11.16
2	SURAJ, .	UTTARAKHAND POLICE	11.44
3	LAKHBIR SINGH, .	JHARKHAND POLICE	11.53
4	JAGJEET SINGH, .	HIMACHAL PRADESH POLICE	11.81
5	TAHIR AHMED, .	JAMMU & KASHMIR POLICE	11.89
6	RAM PRASAD, .	RAJASTHAN POLICE	12.13
	PARASAR MITRA, .	INDO TIBETAN BORDER POLICE	DNF

Heat-2

1	SARAJ SINGH, .	PUNJAB POLICE	11.30
2	JOGINDER, .	DELHI POLICE	11.59
3	SHEKH ARIF, .	JHARKHAND POLICE	11.68
4	BIJAYA SAHU, .	INDO TIBETAN BORDER POLICE	11.70
5	SANJAY KUMAR, .	CRPF	11.75
6	GOPAL, .	KARNATAKA POLICE	11.92
7	G.KAMESH, .	CHHATISGARH POLICE	12.41
8	MATHEW D COSTA, .	GOA POLICE	13.64

Heat-3

1	MEENAKSHI SUNDRAM, .	TAMILNADU POLICE	11.28
2	RANJEET SHARMA, .	CISF	11.32
3	VIJENDRA KALE, .	MAHARASTRA POLICE	11.39
4	KALA CHAND, .	UTTARAKHAND POLICE	11.50

5	RAJENDRA TOPPO, .	ORISSA POLICE	11.51
6	BHANU PRAKASH, .	HIMACHAL PRADESH POLICE	11.62
7	SARUN YADAV, .	MADHYA PRADESH POLICE	11.76
8	BALWINDER SINGH, .	CHANDIGARH POLICE	11.77
Heat-4			
1	ANOOP P.K., .	KERALA POLICE	11.20
2	JAGDISH BASAK, .	BORDER SECURITY FORCE	11.22
3	AMANDEEP SINGH JR, .	PUNJAB POLICE	11.27
4	AZAD KUMAR SINGH, .	UTTAR PADESH POLICE	11.30
5	DHANANJAY GOSHWAMI, .	CHHATISGARH POLICE	12.13
6	SUNIL LAL, .	JAMMU & KASHMIR POLICE	12.67
7	ATUL, .	DELHI POLICE	13.24
Heat-5			
1	CH.CHITRANJAN SINGH, .	CRPF	11.31
2	SREERAJ M.M., .	KERALA POLICE	11.37
3	SAHID KHAN, .	INDO TIBETAN BORDER POLICE	11.51
4	VITAL KR KORDA, .	CISF	12.64
5	R.KARTIK, .	RAILWAY PROTECTION FORCE	12.67
	PABITRA MEDHI, .	ASSAM POLICE	DNF
Heat-6			
1	MANINDER SINGH, .	PUNJAB POLICE	11.11
2	SANGRAM PATIL, .	MAHARASTRA POLICE	11.42
3	AMIT KUMAR, .	BORDER SECURITY FORCE	11.52
4	ILLIYAS RAJA, .	RAILWAY PROTECTION FORCE	12.12
5	VIVEK BARDHAN, .	HIMACHAL PRADESH POLICE	12.16
6	R.R.PARMAR, .	GUJRAT POLICE	12.47
	VIRENDER, .	CHANDIGARH POLICE	DNF
Heat-7			
1	SAJI P.S., .	CRPF	11.22
2	RENJITH K.G., .	KERALA POLICE	11.41
3	SENTHIL, .	TAMILNADU POLICE	11.48
4	VIPIN KUMAR II, .	UTTAR PADESH POLICE	11.67
5	RANJAN KUMAR, PRADHAN	ORISSA POLICE	11.81
6	MOMIN GOGOI, .	ASSAM POLICE	12.03
	HARI NARAYAN BHIST, .	SASHASTRA SEEMA BAL	DNF
Heat-8			
1	MD BABA, .	ANDHRA PRADESH POLICE	11.27
2	VIPIN KUMAR, .	SASHASTRA SEEMA BAL	11.33
3	K.PANDIYAN, .	TAMILNADU POLICE	11.45
4	DEBASISH DAS, .	WEST BENGAL POLICE	11.56
5	BIPUL DEORI, .	ASSAM POLICE	11.86
6	ASHISH PRATAP SINGH, .	UTTAR PADESH POLICE	12.17
	PRADEEP, .	UTTARAKHAND POLICE	DNF
Heat-9			
1	GOPAL KISHORE SAHA, .	BORDER SECURITY FORCE	11.09
2	JAGDISH, .	KARNATAKA POLICE	11.17
3	KAILASH MAHTO, .	SASHASTRA SEEMA BAL	11.60
4	SURENDER, .	HARYANA POLICE	11.67
5	SHYAM LAL, .	RAJASTHAN POLICE	11.69
6	V.N.DEVADA, .	GUJRAT POLICE	12.18
7	PRASHANT TARI, .	GOA POLICE	12.19
Event # 2 MENS 200m			
TIME:-14:15 HRS			
15/03/2012			
# M.R:HARJIT SINGH PUNJAB 21.10 1993			
% N.R.:ANIL KUMAR P. BANGLORE 20.73 17.07.2000			
FINAL			
1	MANINDER SINGH, .	PUNJAB POLICE	21.35
2	SAJI P.S., .	CRPF	21.91
3	R.VEERAMANI, .	TAMILNADU POLICE	22.05
4	SHIV DHANI YADAV, .	UTTAR PADESH POLICE	22.54
5	RAHUL G.PILLAI, .	KERALA POLICE	22.64
6	VIPIN KUMAR, .	SASHASTRA SEEMA BAL	23.05
7	BHANU PRAKASH, .	HIMACHAL PRADESH POLICE	23.09
8	SHAIN KUTTI, .	MAHARASTRA POLICE	23.23
Semi Final-1			
1	SAJI P.S., .	CRPF	22.22
2	BHANU PRAKASH, .	HIMACHAL PRADESH POLICE	23.12
3	MACHINDRANATH, GAWAS	GOA POLICE	23.25

4	B.KISKU, .	RAILWAY PROTECTION FORCE	23.26
5	VIJAY JADHAV, .	MAHARASTRA POLICE	23.27
6	MARUTI NAIK, .	INDO TIBETAN BORDER POLICE	23.36
7	RANJAN KUMAR, PRADHAN	ORISSA POLICE	23.66
8	NAGESHWER KUMAR, PATHAK	UTTAR PADESH POLICE	23.73
Semi Final-2			
1	SHIV DHANI YADAV, .	UTTAR PADESH POLICE	22.47
2	RAHUL G.PILLAI, .	KERALA POLICE	22.70
3	SHAIN KUTTI, .	MAHARASTRA POLICE	22.88
4	PITHA MUNDA, .	ORISSA POLICE	22.96
5	RANJEET SHARMA, .	CISF	23.15
6	AMIT KUMAR, .	BORDER SECURITY FORCE	23.31
7	LAKHBIR SINGH, .	JHARKHAND POLICE	23.49
8	KALA CHAND, .	UTTARAKHAND POLICE	23.55
Semi Final-3			
1	MANINDER SINGH, .	PUNJAB POLICE	22.11
2	R.VEERAMANI, .	TAMILNADU POLICE	22.16
3	VIPIN KUMAR, .	SASHASTRA SEEMA BAL	22.80
4	PRADEEP TAPE, .	JHARKHAND POLICE	23.05
5	RAJENDRA TOPPO, .	ORISSA POLICE	23.13
6	BHUPENDAR SINGH, .	INDO TIBETAN BORDER POLICE	23.25
7	G.VEERANNA, .	ANDHRA PRADESH POLICE	24.08
	AJAY KUMAR, .	BORDER SECURITY FORCE	DNS
Heat-1			
1	B.KISKU, .	RAILWAY PROTECTION FORCE	23.11
2	VIJAY JADHAV, .	MAHARASTRA POLICE	23.20
3	KALA CHAND, .	UTTARAKHAND POLICE	23.34
4	SURAJ GAUDE, .	GOA POLICE	25.04
5	RAJINDER SINGH, .	JAMMU & KASHMIR POLICE	26.46
	VIRENDRA KU PANKAJ, .	UTTAR PADESH POLICE	DNF
	AMANDEEP SINGH JR, .	PUNJAB POLICE	DNS
Heat-2			
1	RAHUL G.PILLAI, .	KERALA POLICE	22.63
2	VIPIN KUMAR, .	SASHASTRA SEEMA BAL	22.83
3	RANJEET SHARMA, .	CISF	23.08
4	BHANU PRAKASH, .	HIMACHAL PRADESH POLICE	23.19
5	BHUPENDAR SINGH, .	INDO TIBETAN BORDER POLICE	23.47
6	DHARMINDER KUMAR, .	BORDER SECURITY FORCE	24.11
7	D.D.SHEKHWAT, .	GUJRAT POLICE	26.19
	MD BABA, .	ANDHRA PRADESH POLICE	DNS
Heat-3			
1	MANINDER SINGH, .	PUNJAB POLICE	23.02
2	RAJENDRA TOPPO, .	ORISSA POLICE	23.73
3	VIKAS Y HEGDE, .	KARNATAKA POLICE	23.74
4	JOGINDER, .	DELHI POLICE	23.93
5	TAHIR AHMED, .	JAMMU & KASHMIR POLICE	24.28
6	VIVEK BARDHAN, .	HIMACHAL PRADESH POLICE	24.95
	VIRENDER, .	CHANDIGARH POLICE	DNS
Heat-4			
1	PRADEEP TAPE, .	JHARKHAND POLICE	23.49
2	G.VEERANNA, .	ANDHRA PRADESH POLICE	23.85
3	LEKH RAJ, .	RAJASTHAN POLICE	25.59
4	MAHENDRA MARAVI, .	MADHYA PRADESH POLICE	26.58
5	RAKESH KUMAR, .	CHHATISGARH POLICE	26.89
	K.PANDIYAN, .	TAMILNADU POLICE	DNS
Heat-5			
1	R.VEERAMANI, .	TAMILNADU POLICE	22.92
2	RANJAN KUMAR, PRADHAN	ORISSA POLICE	23.38
3	AMIT KUMAR, .	BORDER SECURITY FORCE	23.50
4	NAGESHWER KUMAR, PATHAK	UTTAR PADESH POLICE	23.60
5	ADITYA KUMAR, .	UTTARAKHAND POLICE	24.77
6	AMRA RAM, .	RAJASTHAN POLICE	27.22
	JAGDISH, .	KARNATAKA POLICE	DNS
Heat-6			
1	MARUTI NAIK, .	INDO TIBETAN BORDER POLICE	23.42
2	LAKHBIR SINGH, .	JHARKHAND POLICE	23.53
3	MOMIN GOGOI, .	ASSAM POLICE	24.24
4	JAGJEET SINGH, .	HIMACHAL PRADESH POLICE	24.58
5	A.K.SOLANKI, .	GUJRAT POLICE	25.16

6	DIGAMBER, .	CHHATISGARH POLICE	25.85
7	V.RAGHURAM, .	RAILWAY PROTECTION FORCE	25.89
	BALWINDER SINGH, .	CHANDIGARH POLICE	DNS
Heat-7			
1	PITHA MUNDA, .	ORISSA POLICE	23.07
2	SHAIN KUTTI, .	MAHARASTRA POLICE	23.12
3	MACHINDRANATH, GAWAS	GOA POLICE	23.26
4	JAIKY YADAV, .	INDO TIBETAN BORDER POLICE	23.97
5	VIKAS KUMAR SC, .	CRPF	24.35
6	MANOJ, .	DELHI POLICE	24.75
	SUMIT SRIVASTAVA, .	SASHASTRA SEEMA BAL	DNF
	MAJID KHAN, .	RAILWAY PROTECTION FORCE	DNS
Heat-8			
1	SAJI P.S., .	CRPF	22.46
2	SHIV DHANI YADAV, .	UTTAR PADESH POLICE	22.58
3	AJAY KUMAR, .	BORDER SECURITY FORCE	23.35
4	BIPUL DEORI, .	ASSAM POLICE	24.01
5	SAHIL, .	DELHI POLICE	25.84
6	SHANU KHAN, .	MADHYA PRADESH POLICE	27.85
	MEENAKSHI SUNDRAM, .	TAMILNADU POLICE	DNS
	GURJEEVAN, .	CHANDIGARH POLICE	DNS
Event # 3 MENS 400m			
TIME:17:35 HRS			
13/03/2012			
# M.R:PARAMJIT SINGH CRPF 46.47 1997			
% N.R.:K.M. BINU ATHENS 45.48 20.8.2004			
FINAL			
1	HARPREET SINGH, .	BORDER SECURITY FORCE	48.06
2	AJAY KUMAR, .	BORDER SECURITY FORCE	48.33
3	INDERJIT SINGH, .	PUNJAB POLICE	48.38
4	R.VEERAMANI, .	TAMILNADU POLICE	48.87
5	DHARMINDER KUMAR, .	BORDER SECURITY FORCE	49.54
6	ATUL BARMAN, .	WEST BENGAL POLICE	49.93
7	SHIV DHANI YADAV, .	UTTAR PADESH POLICE	50.26
	GURVINDERPAL SINGH, .	PUNJAB POLICE	DNF
Semi Final-1			
1	AJAY KUMAR, .	BORDER SECURITY FORCE	48.63
2	ATUL BARMAN, .	WEST BENGAL POLICE	49.31
3	GURVINDERPAL SINGH, .	PUNJAB POLICE	49.46
4	SURYAJI LIGDE, .	MAHARASTRA POLICE	50.00
5	PRADEEP SINGH, .	CRPF	50.05
6	MAHESH PURI, .	UTTARAKHAND POLICE	50.77
7	DILEP VENUGOPAL, .	KERALA POLICE	50.93
8	CHATURA MAJHI, .	ORISSA POLICE	54.89
Semi Final-2			
1	HARPREET SINGH, .	BORDER SECURITY FORCE	48.26
2	INDERJIT SINGH, .	PUNJAB POLICE	48.33
3	VIRENDRA KU PANKAJ, .	UTTAR PADESH POLICE	49.68
4	REJI KUMAR K.G, .	CRPF	50.66
5	SRIKANT GHILDYAL, .	UTTARAKHAND POLICE	50.92
6	PRASHANT KUMAR, PATTNAIK	ORISSA POLICE	51.66
7	SAGAR DESHMUKH, .	MAHARASTRA POLICE	51.92
8	SONU PANT PATEL, .	INDO TIBETAN BORDER POLICE	52.82
Semi Final-3			
1	R.VEERAMANI, .	TAMILNADU POLICE	48.80
2	SHIV DHANI YADAV, .	UTTAR PADESH POLICE	49.39
3	DHARMINDER KUMAR, .	BORDER SECURITY FORCE	49.41
4	P.SURESH, .	CRPF	49.72
5	PITHA MUNDA, .	ORISSA POLICE	51.16
6	SHEREEF K., .	KERALA POLICE	52.15
7	MANI RAM, .	INDO TIBETAN BORDER POLICE	52.72
	PANKAJ DIMRI, .	UTTARAKHAND POLICE	DNS
Heat-1			
1	ATUL BARMAN, .	WEST BENGAL POLICE	50.15
2	SURYAJI LIGDE, .	MAHARASTRA POLICE	50.44
3	PANKAJ DIMRI, .	UTTARAKHAND POLICE	50.48
4	CHATURA MAJHI, .	ORISSA POLICE	51.47
5	A.DINESH KUMAR, .	TAMILNADU POLICE	52.40
6	JEETENDRA GAONKAR, .	GOA POLICE	58.40

7	S.THEVASIKAMANI, .		RAILWAY PROTECTION FORCE		1:01.49
Heat-2					
1	VIRENDRA KU PANKAJ, .		UTTAR PADESH POLICE		50.23
2	PRADEEP SINGH, .		CRPF		50.61
3	MAHESH PURI, .		UTTARAKHAND POLICE		50.97
4	SAGAR DESHMUKH, .		MAHARASTRA POLICE		51.39
5	V.J.JEGODA, .		GUJRAT POLICE		53.27
6	LAGAMANNA, .		KARNATAKA POLICE		54.56
7	MANISH SAHU, .		CHHATISGARH POLICE		56.37
8	OKHEN SINGH, .		SASHASTRA SEEMA BAL		1:02.31
Heat-3					
1	P.SURESH, .		CRPF		50.03
2	SHIV DHANI YADAV, .		UTTAR PADESH POLICE		50.32
3	SHEREEF K., .		KERALA POLICE		50.71
4	PITHA MUNDA, .		ORISSA POLICE		50.80
5	NARENDRA, .		DELHI POLICE		51.47
6	KARTHEESAN, .		TAMILNADU POLICE		54.53
7	DHANI RAM, .		HIMACHAL PRADESH POLICE		55.05
8	CHANDAN RAI, .		CHHATISGARH POLICE		1:01.91
Heat-4					
1	GURVINDERPAL SINGH, .		PUNJAB POLICE		50.39
2	SRIKANT GHILDIAL, .		UTTARAKHAND POLICE		50.66
3	PRASHANT KUMAR, PATTNAIK		ORISSA POLICE		50.91
4	VIJAY LAHANE, .		MAHARASTRA POLICE		51.71
5	MANOJ, .		DELHI POLICE		52.97
6	KHEM SINGH, .		INDO TIBETAN BORDER POLICE		53.69
7	DEEPAK KUMAR, .		BIHAR POLICE		53.94
	BHANU PRAKASH, .		HIMACHAL PRADESH POLICE		DNS
Heat-5					
1	AJAY KUMAR, .		BORDER SECURITY FORCE		49.50
2	R.VEERAMANI, .		TAMILNADU POLICE		49.83
3	MANI RAM, .		INDO TIBETAN BORDER POLICE		52.24
4	MARWARI ORAON, .		JHARKHAND POLICE		52.69
5	RAMADHAR, .		MADHYA PRADESH POLICE		56.52
6	V.K.NINAMA, .		GUJRAT POLICE		57.79
7	MD MOIN, .		ANDHRA PRADESH POLICE		58.38
Heat-6					
1	DHARMINDER KUMAR, .		BORDER SECURITY FORCE		50.36
2	REJI KUMAR K.G, .		CRPF		50.60
3	SONU PANT PATEL, .		INDO TIBETAN BORDER POLICE		51.89
4	ANIL KU TRIPATHI, .		UTTAR PADESH POLICE		52.44
5	KULDEEP, .		HARYANA POLICE		53.01
6	P.SURENDRANATH, .		ANDHRA PRADESH POLICE		55.51
7	SANDEEP KUMAR, .		RAJASTHAN POLICE		57.67
Heat-7					
1	HARPREET SINGH, .		BORDER SECURITY FORCE		49.76
2	INDERJIT SINGH, .		PUNJAB POLICE		49.90
3	DILEP VENUGOPAL, .		KERALA POLICE		51.10
4	PRADEEP TAPE, .		JHARKHAND POLICE		52.32
5	RAVI KUMAR, .		HIMACHAL PRADESH POLICE		56.08
6	SANDESH GAUDE, .		GOA POLICE		56.41
7	GOVIND METEI, .		SASHASTRA SEEMA BAL		1:02.72
Event # 4 MENS 800m					
TIME:- 14:45 HRS					
15/03/2012					
# M.R.:NISHAN SINGH PUNJAB 1:50.09 2002					
% N.R.:SRI RAM SINGH MONTRIAL 1:45.77 27.7.1976					
FINAL					
1	PANKAJ DIMRI, .		UTTARAKHAND POLICE		1:53.61
2	AMARJIT, .		INDO TIBETAN BORDER POLICE		1:53.98
3	NIRVAIR SINGH, .		CRPF		1:54.36
4	AJAY SINGH, .		CISF		1:54.42
5	GIRISH RAMCHANDRAN, .		CRPF		1:54.60
6	MANISH KU VISHNOI, .		UTTAR PADESH POLICE		1:58.28
7	GURJANT SINGH, .		CRPF		2:02.57
8	RAVINDRA RAUTELA, .		UTTARAKHAND POLICE		DNF
Heat-1					
1	GIRISH RAMCHANDRAN, .		CRPF		1:56.35
2	MANISH KU VISHNOI, .		UTTAR PADESH POLICE		1:56.63

3	SUJITH KUMAR, .	KERALA POLICE	1:57.57
4	NARENDRA, .	DELHI POLICE	1:59.01
5	LUIS KUJUR, .	JHARKHAND POLICE	1:59.57
6	ASHWANI KUMAR, .	HIMACHAL PRADESH POLICE	2:01.83
7	UDHIR, .	UTTARAKHAND POLICE	2:07.25
8	SUKH RAM, .	RAJASTHAN POLICE	2:09.91
9	A.R.VASAVA, .	GUJRAT POLICE	2:11.14
10	BABAN SHINGADI, .	GOA POLICE	2:12.47
11	A.TRINATHA RAO, .	ANDHRA PRADESH POLICE	2:14.14
12	SANDEEP, .	CHANDIGARH POLICE	2:19.76
	MATHURA PRASAD, .	INDO TIBETAN BORDER POLICE	DNS
	SILAMPARASAN, .	TAMILNADU POLICE	DNS
	MUKESH CHAND, .	BORDER SECURITY FORCE	DNS
	CHATURA MAJHI, .	ORISSA POLICE	DNS
Heat-2			
1	PANKAJ DIMRI, .	UTTARAKHAND POLICE	1:58.66
2	GURJANT SINGH, .	CRPF	1:58.93
3	J.JAYARAJ, .	TAMILNADU POLICE	1:59.26
4	JITENDER SINGH, .	SASHASTRA SEEMA BAL	1:59.35
5	PRASHANT KUMAR, PATTNAIK	ORISSA POLICE	2:00.68
6	PRASAD, .	KERALA POLICE	2:00.90
7	KULDEEP KUMAR, .	BORDER SECURITY FORCE	2:03.65
8	ABBAS ALI, .	INDO TIBETAN BORDER POLICE	2:05.57
9	RAJARAM DAMSAKAR, .	GOA POLICE	2:12.19
10	VIKAS, .	DELHI POLICE	2:12.59
11	UDAY SINGH, .	MADHYA PRADESH POLICE	2:17.33
12	VIKAS, .	CHANDIGARH POLICE	2:17.36
13	DHANI RAM, .	HIMACHAL PRADESH POLICE	2:18.01
Heat-3			
1	NIRVAIR SINGH, .	CRPF	1:53.67
2	RAVINDRA RAUTELA, .	UTTARAKHAND POLICE	1:53.75
3	AJAY SINGH, .	CISF	1:53.91
4	AMARJIT, .	INDO TIBETAN BORDER POLICE	1:54.09
5	RAMJAN KHAN, .	BORDER SECURITY FORCE	1:54.16
6	ARUN KUMAR U.N., .	KERALA POLICE	2:02.07
7	SUBHASH CHANDRA, .	SASHASTRA SEEMA BAL	2:04.51
8	ATUL BARMAN, .	WEST BENGAL POLICE	2:05.26
9	S.KRISHNA RAO, .	ANDHRA PRADESH POLICE	2:05.93
10	LAGAMANNA, .	KARNATAKA POLICE	2:08.11
11	VIPAN KUMAR, .	JAMMU & KASHMIR POLICE	2:11.00
12	VIJAY, .	DELHI POLICE	2:15.95
13	PREM SINGH, .	CHHATISGARH POLICE	2:16.34
Event # 5 MENS 1500m			
TIME:- 16:15 HRS			
13/03/2012			
# M.R:RANJEET SINGH BSF 3:50.02 1991			
% N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23.12.1995			
FINAL			
1	RAVINDRA RAUTELA, .	UTTARAKHAND POLICE	3:45.89 *NMR
2	GIRISH RAMCHANDRAN, .	CRPF	3:52.50
3	RAKESH, .	HARYANA POLICE	3:52.96
4	MANI KANTAN, .	BORDER SECURITY FORCE	3:54.38
5	MANISH KU VISHNOI, .	UTTAR PADESH POLICE	4:00.45
6	PARAMJIT, .	CRPF	4:01.73
7	RAMASHRYA YADAV, .	UTTAR PADESH POLICE	4:04.45
8	J.JAYARAJ, .	TAMILNADU POLICE	4:07.35
9	SHAMU RAM MANDAVI, .	BORDER SECURITY FORCE	4:07.42
10	SUJITH KUMAR, .	KERALA POLICE	4:11.40
11	MANU H.K., .	CRPF	4:12.13
12	SUNIL KUMAR, .	RAJASTHAN POLICE	4:13.03
13	PASHING BANDIA, .	JHARKHAND POLICE	4:17.53
	BINU MICHALE, .	BORDER SECURITY FORCE	DNF
	SATPAL, .	DELHI POLICE	DNF
	AMARJEET SINGH, .	INDO TIBETAN BORDER POLICE	DNF
Heat-1			
1	J.JAYARAJ, .	TAMILNADU POLICE	4:03.88
2	RAMASHRYA YADAV, .	UTTAR PADESH POLICE	4:03.94
3	AMARJEET SINGH, .	INDO TIBETAN BORDER POLICE	4:04.01
4	BINU MICHALE, .	BORDER SECURITY FORCE	4:04.11

5	PARAMJIT, .	CRPF	4:04.15
6	SUNIL KUMAR, .	RAJASTHAN POLICE	4:10.22
7	SATPAL, .	DELHI POLICE	4:11.81
8	VIRENDRA GOLE, .	UTTARAKHAND POLICE	4:19.91
9	S.KRISHNA RAO, .	ANDHRA PRADESH POLICE	4:28.66
10	H.K.VARU, .	GUJRAT POLICE	4:32.01
11	YASHWANT, .	HIMACHAL PRADESH POLICE	4:42.18
12	LAL SINGH, .	JAMMU & KASHMIR POLICE	4:58.03
Heat-2			
1	RAKESH, .	HARYANA POLICE	4:08.81
2	MANISH KU VISHNOI, .	UTTAR PADESH POLICE	4:09.11
3	MANU H.K., .	CRPF	4:09.15
4	SHAMU RAM MANDAVI, .	BORDER SECURITY FORCE	4:09.97
5	UDHIR, .	UTTARAKHAND POLICE	4:14.24
6	ASHOK KU. KHINBUDI, .	ORISSA POLICE	4:14.88
7	PRASAD, .	KERALA POLICE	4:17.71
8	ABBAS ALI, .	INDO TIBETAN BORDER POLICE	4:19.06
9	M A GIRISH, .	KARNATAKA POLICE	4:19.42
10	VISHAL KUMAR, .	HIMACHAL PRADESH POLICE	4:26.54
11	IMTIYAZ AHMED, .	JAMMU & KASHMIR POLICE	4:43.76
12	RAMDEV YADAV, .	SASHASTRA SEEMA BAL	4:53.15
13	LAKSHAY, .	DELHI POLICE	4:53.54
14	U.SARKAR, .	RAILWAY PROTECTION FORCE	4:56.81
15	NAVESH VELIP, .	GOA POLICE	4:58.87
Heat-3			
1	RAVINDRA RAUTELA, .	UTTARAKHAND POLICE	4:04.43
2	GIRISH RAMCHANDRAN, .	CRPF	4:04.98
3	MANI KANTAN, .	BORDER SECURITY FORCE	4:05.46
4	SUJITH KUMAR, .	KERALA POLICE	4:06.61
5	PASHING BANDIA, .	JHARKHAND POLICE	4:12.90
6	ASHWANI KUMAR, .	HIMACHAL PRADESH POLICE	4:14.21
7	AWDHESH KU YADAV, .	UTTAR PADESH POLICE	4:18.60
8	JITENDRA PRASAD, .	BIHAR POLICE	4:19.18
9	MUKESH KUMAR, .	RAJASTHAN POLICE	4:29.91
10	MOHAN SINGH, .	JAMMU & KASHMIR POLICE	5:08.00
Event # 6 MENS 5000m			
TIME:- 17:05 HRS			
14/03/2012			
# M.R:HARI CHAND CRPF :14:08.08 1978			
%N.R.:B.PRASAD BIRMINGHAM :13:29.70 25.06.1992			
1	MUKESH RAWAT, .	UTTARAKHAND POLICE	14:43.62
2	AJAY KUMAR, .	UTTAR PADESH POLICE	14:47.16
3	TIKU RAM, .	CRPF	14:47.43
4	PEMARAM SARAN, .	BORDER SECURITY FORCE	14:52.00
5	HARISHANKAR SHARMA, .	CRPF	14:56.54
6	VIJAY KU BHARTI, .	UTTAR PADESH POLICE	14:57.70
7	DINESH KUMAR, .	HIMACHAL PRADESH POLICE	14:59.44
8	TANAJI GADE, .	MAHARASTRA POLICE	15:03.50
9	PARAMJIT, .	CRPF	15:09.86
10	UMESH KUSHWAHA, .	SASHASTRA SEEMA BAL	15:13.64
11	GOVA RAM, .	BORDER SECURITY FORCE	15:13.74
12	MANISH KUMAR, .	CISF	15:14.91
13	MUKESH, .	RAJASTHAN POLICE	15:17.43
14	SANJIV HANSDA, .	CISF	15:17.86
15	RAVINDER RAJBHAR, .	UTTAR PADESH POLICE	15:19.19
16	ARUN HELAWADE, .	MAHARASTRA POLICE	15:36.06
17	RAMOTAR, .	RAJASTHAN POLICE	15:38.76
18	AKHAYA KUMAR, BEHRA	ORISSA POLICE	15:39.25
19	R.R.DAMOR, .	GUJRAT POLICE	15:40.64
20	ISHAK MURMU, .	JHARKHAND POLICE	15:42.96
21	V.LOKESH, .	KARNATAKA POLICE	15:51.18
22	RAKESH KUMAR, .	HIMACHAL PRADESH POLICE	15:54.01
23	RAGHVENDRA, .	MADHYA PRADESH POLICE	15:54.57
24	SUKULAL MUNDA, .	ORISSA POLICE	15:54.61
	RAGUNATH, .	TAMILNADU POLICE	NT
	HARDEV SINGH, .	HIMACHAL PRADESH POLICE	NT
	REYAZ AHMED, .	JAMMU & KASHMIR POLICE	NT
	VIKRAM SINGH, .	JAMMU & KASHMIR POLICE	NT
	MANDEEP YADAV, .	BORDER SECURITY FORCE	NT

	SATPAL, .	DELHI POLICE	NT
	LALAN S.K., .	SASHASTRA SEEMA BAL	NT
	ACHINT GABEI, .	CHHATISGARH POLICE	NT
	N.S.KOLI, .	GUJRAT POLICE	NT
	RANJAN TELAN, .	RAILWAY PROTECTION FORCE	NT
	SHYAM KUMAR, .	INDO TIBETAN BORDER POLICE	NT
	NARESH KUMAR, .	BIHAR POLICE	NT
	LAKSHAY, .	DELHI POLICE	NT
	S.SINGHA, .	RAILWAY PROTECTION FORCE	NT
	ALLIPEER, .	KARNATAKA POLICE	NT
	KANDAY RAM BANRA, .	JHARKHAND POLICE	NT
	BALJIT SINGH, .	CHANDIGARH POLICE	NT
	SANDEEP, .	HARYANA POLICE	NT
	ASHOK KU. KHINBUDI, .	ORISSA POLICE	NT
	NARENDRA PRAKASH, .	UTTARAKHAND POLICE	NT
	Event # 7 MENS 10000m		
	TIME:- 7:15 HRS		
	12/03/2012		
	# M.R:HARI CHAND CRPF :29:41.04 1978		
	%N.R.:S.SINGH VIGO-SPAIN :28:02.89 12.07.2008		
1	MUKESH RAWAT, .	UTTARAKHAND POLICE	30:29.35
2	PEMARAM SARAN, .	BORDER SECURITY FORCE	30:38.46
3	TIKU RAM, .	CRPF	30:42.28
4	AJAY KUMAR, .	UTTAR PADESH POLICE	30:42.90
5	DINESH KUMAR, .	HIMACHAL PRADESH POLICE	30:50.77
6	VIJAY KU BHARTI, .	UTTAR PADESH POLICE	31:13.21
7	AKHAYA KUMAR, BEHRA	ORISSA POLICE	31:30.91
8	SUKHDEV, .	RAJASTHAN POLICE	33:33.17
9	GAFUR PAPUWALE, .	MAHARASTRA POLICE	33:53.02
10	SUKULAL MUNDA, .	ORISSA POLICE	34:07.65
11	RAKESH KUMAR, .	HIMACHAL PRADESH POLICE	34:30.40
12	ACHINT GABEI, .	CHHATISGARH POLICE	34:37.65
13	MUKESH KUMAR, .	RAJASTHAN POLICE	35:54.32
14	RAJ KR YADAV, .	SASHASTRA SEEMA BAL	35:55.08
15	RAJESH KR YADAV, .	SASHASTRA SEEMA BAL	36:09.78
	NEEL KAMAL, .	CHHATISGARH POLICE	DNF
	S.SINGHA, .	RAILWAY PROTECTION FORCE	DNF
	GOVA RAM, .	BORDER SECURITY FORCE	DNF
	VIKAS KUMAR, .	CRPF	DNF
	RAVINDER RAJBHAR, .	UTTAR PADESH POLICE	DNF
	RANJAN TELAN, .	RAILWAY PROTECTION FORCE	DNF
	R.R.DAMOR, .	GUJRAT POLICE	DNF
	BALJIT SINGH, .	CHANDIGARH POLICE	DNF
	Event # 8 MENS 106.7cms 110m Hurdles		
	TIME:-13:45 HRS		
	15/03/2012		
	# M.R:NAVNIDH SINGH BSF 14.01 2007		
	% N.R.:SIDHARTH T PATIALA 13.77 2011		
	FINAL		
1	RAGHWENDER SINGH, .	UTTAR PADESH POLICE	14.67
2	AMANDEEP SINGH SR, .	PUNJAB POLICE	14.80
3	R.K.VISHWAKARMA, .	CISF	14.85
4	SARABJIT SINGH, .	PUNJAB POLICE	15.10
5	YUVARAJ, .	TAMILNADU POLICE	15.45
6	BALAMURUGAN, .	TAMILNADU POLICE	15.48
7	MANISH KUMAR, .	CRPF	15.54
	NIBU GEORGE, .	KERALA POLICE	DNF
	Heat-1		
1	RAGHWENDER SINGH, .	UTTAR PADESH POLICE	15.43
2	YUVARAJ, .	TAMILNADU POLICE	15.64
3	NIBU GEORGE, .	KERALA POLICE	15.83
4	E.GOPI, .	ANDHRA PRADESH POLICE	16.23
5	DHARAMPAL, .	CRPF	16.90
6	MANDEEP, .	RAJASTHAN POLICE	17.85
7	VEERABHADRA, .	KARNATAKA POLICE	20.21
	B.M.PATTAI, .	BORDER SECURITY FORCE	DNF
	Heat-2		
1	AMANDEEP SINGH SR, .	PUNJAB POLICE	15.16
2	R.K.VISHWAKARMA, .	CISF	15.18

3	MANISH KUMAR, .	CRPF	15.44
4	GEORGE TOPPO, .	ORISSA POLICE	16.50
5	DALER SINGH, .	BORDER SECURITY FORCE	16.58
6	BASIL PAUL, .	KERALA POLICE	16.72
	ASHOK KUMAR, .	UTTAR PADESH POLICE	DNF
	BHUPENDAR SINGH, .	INDO TIBETAN BORDER POLICE	DNS
Heat-3			
1	SARABJIT SINGH, .	PUNJAB POLICE	15.40
2	BALAMURUGAN, .	TAMILNADU POLICE	15.72
3	RAMSAHAI CHAUDHARY, .	CRPF	15.85
4	HARWINDER SINGH, .	BORDER SECURITY FORCE	15.89
5	M.RAMESH, .	RAILWAY PROTECTION FORCE	16.56
6	PARIMAL MODI, .	JHARKHAND POLICE	16.60
7	MUKESH KUMAR, SINGH	BIHAR POLICE	16.76
	R.J.JAT, .	GUJRAT POLICE	DNS
Event # 9 MENS 91.4cms 400m Hurdles			
TIME:- 15:45 HRS			
14/03/2012			
# M.R.:JOSEPH G.ABRAHAM CRPF 50.91 2002			
% N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 26.08.2007			
FINAL			
1	JOMON P.P., .	KERALA POLICE	54.04
2	BHAGIRATH YADAV, .	BORDER SECURITY FORCE	54.04
3	HARI RAM, .	CRPF	54.42
4	ANIL AINAPURE, .	MAHARASTRA POLICE	55.33
5	SANJEEV KUMAR, .	BORDER SECURITY FORCE	56.06
6	PARMINDER SINGH, .	CISF	56.64
7	VIMAL KUMAR, .	TAMILNADU POLICE	57.64
8	VINOD KUMAR, .	CRPF	57.89
Semi Final-1			
1	BHAGIRATH YADAV, .	BORDER SECURITY FORCE	54.36
2	VINOD KUMAR, .	CRPF	54.81
3	ANIL AINAPURE, .	MAHARASTRA POLICE	56.16
4	PARMINDER SINGH, .	CISF	57.08
5	JOSE PRAVEEN, .	KERALA POLICE	57.61
6	RAVINDER, .	HARYANA POLICE	58.61
7	AKHILESH KU SINGH, .	UTTAR PADESH POLICE	1:00.20
8	A.MADHU, .	ANDHRA PRADESH POLICE	1:09.14
Semi Final-2			
1	HARI RAM, .	CRPF	55.64
2	JOMON P.P., .	KERALA POLICE	55.86
3	SANJEEV KUMAR, .	BORDER SECURITY FORCE	56.12
4	VIMAL KUMAR, .	TAMILNADU POLICE	56.92
5	SAMBHAJI HATKAR, .	MAHARASTRA POLICE	58.50
6	RAJA HARI, .	JHARKHAND POLICE	59.54
7	GEORGE TOPPO, .	ORISSA POLICE	1:00.10
	RAJESH, .	HARYANA POLICE	DNS
Heat-1			
1	BHAGIRATH YADAV, .	BORDER SECURITY FORCE	55.91
2	ANIL AINAPURE, .	MAHARASTRA POLICE	56.48
3	VIMAL KUMAR, .	TAMILNADU POLICE	57.41
4	RAJESH, .	HARYANA POLICE	1:00.77
5	SANTOSH, .	MADHYA PRADESH POLICE	1:05.98
6	R.H.GANCHI, .	GUJRAT POLICE	1:07.71
	ASHISH KU DUBEY, .	UTTAR PADESH POLICE	DNF
Heat-2			
1	JOMON P.P., .	KERALA POLICE	56.43
2	RAVINDER, .	HARYANA POLICE	58.79
3	RAJA HARI, .	JHARKHAND POLICE	59.17
4	TANMAY MANDAL, .	RAILWAY PROTECTION FORCE	1:01.02
5	SUSHIL RAWAL, .	BORDER SECURITY FORCE	1:02.67
	SANDEEP LAWRENCE, .	PUNJAB POLICE	DNF
Heat-3			
1	HARI RAM, .	CRPF	55.98
2	GEORGE TOPPO, .	ORISSA POLICE	58.77
3	A.MADHU, .	ANDHRA PRADESH POLICE	1:03.88
4	A.KOYAL, .	RAILWAY PROTECTION FORCE	1:06.32
5	SURENDRA SINGH, .	RAJASTHAN POLICE	1:07.49
6	H.T.SARVIYA, .	GUJRAT POLICE	1:13.92

	NEERAJ JOSHI, .		UTTARAKHAND POLICE		DNF
Heat-4					
1	VINOD KUMAR, .		CRPF		55.99
2	SANJEEV KUMAR, .		BORDER SECURITY FORCE		56.36
3	JOSE PRAVEEN, .		KERALA POLICE		56.45
4	PARMINDER SINGH, .		CISF		56.47
5	SAMBHAJI HATKAR, .		MAHARASTRA POLICE		58.10
6	AKHILESH KU SINGH, .		UTTAR PADESH POLICE		59.99
7	UTTAM SINGH, .		UTTARAKHAND POLICE		1:03.89
Event # 10 MENS 3000m Steeplechase					
TIME:- 17:00 HRS					
13/03/2012					
# M.R.:ISHWAR SINGH BSF 8:54.04 1986					
% N.R.:GOPAL SAINI TOKYA 8:30.88 05.06.1981					
1	RAJU RAM JANI, .		CRPF		9:20.48
2	R.B.SUBBA, .		BORDER SECURITY FORCE		9:21.48
3	P.RAMASWAMI, .		CRPF		9:21.77
4	SUBHASH CHANDRA, .		BORDER SECURITY FORCE		9:30.55
5	BIPLOV RAY, .		BORDER SECURITY FORCE		9:43.16
6	VIPIN KUMAR I, .		UTTAR PADESH POLICE		9:43.74
7	VIKRAM SINGH, .		UTTARAKHAND POLICE		9:47.52
8	MANISH KUMAR, .		CISF		9:57.55
9	NARESH KUMAR, .		BIHAR POLICE		10:00.62
10	SHIV KUMAR MAHTO, .		JHARKHAND POLICE		10:02.30
Event # 11 MENS High Jump					
TIME:- 16:00 HRS					
14/03/2012					
# M.R.:MADAN SINGH BSF 2.11 1997					
% N.R.:HARI SHANKAR RAI SINGAPUR 2.25 28.09.2004					
1	RAMINDER SINGH, .		CRPF		2.03m
2	SHAILENDER YADAV, .		BORDER SECURITY FORCE		2.00m
3	RAJESH KALIRAMNA, .		CRPF		1.95m
4	VIKUL TYAGI, .		BORDER SECURITY FORCE		1.90m
4	SUJOY BARUA, .		WEST BENGAL POLICE		1.90m
6	DEVENDRA SHARMA, .		UTTARAKHAND POLICE		1.90m
6	SACHIN PAL, .		CRPF		1.90m
8	PAWAN KUMAR, .		INDO TIBETAN BORDER POLICE		1.90m
8	ANOOP P.K., .		BORDER SECURITY FORCE		1.90m
9	SEWAK SINGH, .		PUNJAB POLICE		1.80m
10	DIL BAHADUR THAPA, .		JHARKHAND POLICE		1.80m
11	VIMLENDRA MOURYA, .		SASHASTRA SEEMA BAL		1.80m
13	MALLIKARJUN, .		KARNATAKA POLICE		1.70m
	JOFFIN JOSE, .		RAILWAY PROTECTION FORCE		FOUL
	MAHAVEER, .		RAJASTHAN POLICE		FOUL
	MITTAL, .		HARYANA POLICE		FOUL
Event # 12 MENS Long Jump					
TIME:- 14:00 HRS					
15/03/2012					
# M.R.:AMRIT PAL SINGH PUNJAB 7.98 2002					
% N.R.:AMRIT PAL SINGH DELHI 8.08 16.03.2004					
1	AMRITPAL SINGH, .		PUNJAB POLICE		7.58m
	7.15, 7.41, 7.47, 7.48, 7.58, NM				
2	BASIL GEORGE, .		KERALA POLICE		7.40m
	FOUL, 7.10, 7.40, 7.24, 7.25, FOUL				
3	RAJIV KUMAR, .		CRPF		7.36m
	6.81, 7.01, FOUL, 7.03, 7.13, 7.36				
4	NIKHIL ROY, .		WEST BENGAL POLICE		7.34m
5	MUKESH KUMAR, SINGH-II		BIHAR POLICE		7.26m
6	MOHIT, .		SASHASTRA SEEMA BAL		7.19m
7	BHUPENDER SINGH, .		BORDER SECURITY FORCE		7.08m
8	VIRESH KUMAR, .		UTTAR PADESH POLICE		7.06m
9	RAJESH YADAV, .		SASHASTRA SEEMA BAL		6.85m
10	G.SURESH, .		TAMILNADU POLICE		6.80m
11	PUSHPENDER SINGH, .		UTTAR PADESH POLICE		6.79m
12	SUROJ GOGOI, .		ASSAM POLICE		6.64m
13	ANURAJ R., .		INDO TIBETAN BORDER POLICE		6.55m
14	RAVINDER SINGH, .		PUNJAB POLICE		6.49m
15	T.AYYAPPAN, .		CRPF		6.42m
16	JAYARAJ, .		KERALA POLICE		6.39m

17	GURJANT SINGH, .	BORDER SECURITY FORCE	6.35m
18	ROHIT, .	DELHI POLICE	6.08m
19	T.BHAVANI SINGH, .	ANDHRA PRADESH POLICE	6.04m
20	KAMLESH NISHAD, .	CHHATISGARH POLICE	5.98m
21	PRAKASH PATRA, .	ORISSA POLICE	5.97m
22	ANKIT KUMAR, .	CRPF	5.95m
23	C.VISHWAS, .	RAILWAY PROTECTION FORCE	5.92m
24	AADESH KUMAR, .	DELHI POLICE	5.73m
25	MEGH SHYAM, .	RAJASTHAN POLICE	4.47m
26	JASWINDER, .	CHANDIGARH POLICE	4.19m
	VITAL KR KORDA, .	CISF	FOUL
	V.N.DEVADA, .	GUJRAT POLICE	FOUL
	SADHAN ROY, .	BORDER SECURITY FORCE	FOUL
	SATYA VEER, .	SASHASTRA SEEMA BAL	FOUL
	GAJENDRA SINGH, .	UTTAR PADESH POLICE	DNS
	SUNIL KUMAR, .	RAJASTHAN POLICE	DNS
Event # 13 MENS Triple Jump			
TIME:- 16:00 HRS			
13/03/2012			
# M.R.:AMARJIT SINGH PUNJAB 16.27 2004			
%N.R.:R.MAHESHWARI NEW DELHI 17.07 12/10/2010			
1	SAURABH, .	UTTAR PADESH POLICE	15.61m
	14.62, 15.16, 15.35, 15.14, 14.84, 15.61		
2	PRABHJOT SINGH, .	PUNJAB POLICE	15.34m
	14.62, 15.34, FOUL, NM, NM, NM		
3	GAJENDRA SINGH, .	UTTAR PADESH POLICE	15.33m
	15.22, FOUL, 14.86, 14.82, 15.25, 15.33		
4	SOPAVITAR PAL SINGH, .	BORDER SECURITY FORCE	15.05m
5	RAVINDER SINGH, .	PUNJAB POLICE	15.02m
6	MOHIT, .	SASHASTRA SEEMA BAL	15.01m
7	SADHAN ROY, .	BORDER SECURITY FORCE	14.90m
8	SAILENDER KUMAR, .	CRPF	14.84m
9	RAJ KUMAR, .	BORDER SECURITY FORCE	14.65m
10	MANOJ KUMAR, .	HARYANA POLICE	14.31m
11	SUSEN ROY, .	WEST BENGAL POLICE	14.04m
12	T.AYYAPPAN, .	CRPF	14.02m
13	DINESH KUMAR, .	HARYANA POLICE	13.52m
14	RAMBIR, .	CRPF	13.51m
15	DEVENDRA SHARMA, .	UTTARAKHAND POLICE	13.21m
	PUSHPENDER SINGH, .	UTTAR PADESH POLICE	FOUL
	G.SURESH, .	TAMILNADU POLICE	FOUL
	RAJ KUMAR, .	RAJASTHAN POLICE	FOUL
	RUSTAM KHAN, .	SASHASTRA SEEMA BAL	FOUL
	KISHNA RAM, .	RAJASTHAN POLICE	FOUL
	IRFAN SEKH, .	RAILWAY PROTECTION FORCE	FOUL
	T.BHAVANI SINGH, .	ANDHRA PRADESH POLICE	FOUL
	SOMA DAS, .	RAILWAY PROTECTION FORCE	DNS
	DEEPAK MAJHI, .	ORISSA POLICE	DNS
Event # 14 MENS Pole Vault			
TIME:- 16:30 HRS			
12/03/2012			
# M.R.:V.V. GREESH KUMAR CISF 4.90 2005			
% N.R.:VIJAY PAL SINGH TRIVANDRAM 5.10 27.12.1987			
1	SUNDER SINGH, .	BORDER SECURITY FORCE	4.65m
2	SATPAL SINGH, .	PUNJAB POLICE	4.60m
3	MUKESH, .	TAMILNADU POLICE	4.40m
4	RAMPAL, .	HARYANA POLICE	4.30m
5	DHARAM PAL, .	RAJASTHAN POLICE	3.70m
6	ANIL SINGH, .	SASHASTRA SEEMA BAL	3.60m
	PRADEEP, .	CRPF	FOUL
	SHAMSHER SINGH, .	CRPF	FOUL
	VIJAY PAL, .	DELHI POLICE	FOUL
	SHIVA BAHADUR, .	INDO TIBETAN BORDER POLICE	FOUL
	JORA SINGH, .	BORDER SECURITY FORCE	DNS
Event # 15 MENS 7.26kg Shot Put			
TIME:- 10:00 HRS			
12/03/2012			
# M.R.:S.BAHADUR SINGH PUNJAB 19.40 2000			
% N.R.:SHAKTI SINGH CHENNAI 20.42 29.07.2000			

1	JAGROOP SINGH, .	BORDER SECURITY FORCE	17.54m
	17.03, 17.21, 17.28, 17.54, 17.31, FOUL		
2	NAVPREET SINGH, .	PUNJAB POLICE	17.03m
	16.02, 17.03, 16.98, FOUL, 16.14, FOUL		
3	MUKESH SINGH, .	CRPF	16.40m
	15.43, 16.00, 16.24, 16.40, 16.32, 16.09		
4	PARVESH, .	DELHI POLICE	16.35m
5	RAVINDER SINGH, .	BORDER SECURITY FORCE	15.91m
6	SUNIL KU MISHRA, .	UTTAR PADESH POLICE	15.81m
7	KANCHAN KISORE, RANA	WEST BENGAL POLICE	13.38m
8	PAVIT, .	DELHI POLICE	12.73m
9	BISWA RANJAN ROUT, .	ORISSA POLICE	12.57m
10	M.MUTHURAJAN, .	TAMILNADU POLICE	11.61m
11	NITESH KUMAR, .	JHARKHAND POLICE	11.53m
12	PRADEEP THAPA, .	MADHYA PRADESH POLICE	10.99m
13	ANURAG, .	MADHYA PRADESH POLICE	9.64m
14	ANKUSH KRISHNA, KAMTE	CRPF	7.40m
	V.B.PATEL, .	GUJRAT POLICE	DNS
Event # 16 MENS 2.00kg Discus Throw			
TIME:- 15:45 HRS			
14/03/2012			
# M.R.:SHKATI SINGH CISF 57.76 1994			
% N.R.:VIKAS GOWDA SALINAS 64.96 17.05.2007			
1	KRISHNA KR SHARMA, .	BIHAR POLICE	51.11m
	48.17, 49.00, 51.11, 49.49, 49.05, NM		
2	SIMRANJIT SINGH, .	BORDER SECURITY FORCE	50.14m
	43.79, 46.68, 50.14, FOUL, 49.98, FOUL		
3	NARESH KUMAR, .	CRPF	48.85m
	46.93, FOUL, 48.20, FOUL, 48.85, 47.58		
4	SANDEEP DAGAR, .	CRPF	48.19m
5	PRAVEEN KUMAR, .	CRPF	47.91m
6	AMRDEEP SINGH, .	PUNJAB POLICE	46.66m
7	JAIVEER SINGH, .	BORDER SECURITY FORCE	46.17m
8	DEV KUMAR RAY, .	JHARKHAND POLICE	42.84m
9	NAND LAL SINGH, .	BIHAR POLICE	42.24m
10	VIVEK, .	DELHI POLICE	41.47m
11	PARVESH, .	DELHI POLICE	38.65m
12	ARUN, .	HARYANA POLICE	37.77m
13	RANJEET SINGH, .	RAJASTHAN POLICE	34.92m
14	DILIP KUMAR, .	JHARKHAND POLICE	23.58m
15	V.B.PATEL, .	GUJRAT POLICE	20.68m
	PAVIT, .	DELHI POLICE	FOUL
	GURSEWAK SINGH, .	PUNJAB POLICE	DNS
Event # 17 MENS 7.26kg Hammer Throw			
TIME:-16:00 HRS			
14/03/2012			
# M.R.:KULWINDER SINGH PUNJAB 66.82 2004			
% N.R.:RAKESH KUMAR YADAV INDIA 70.16 2003			
1	LOKESH YADAV, .	CRPF	62.90m
	59.54, 62.79, 62.90, 61.43, 58.49, FOUL		
2	SHIV KUMAR, .	UTTARAKHAND POLICE	62.46m
	56.05, 58.49, 60.71, 61.62, 62.46, 58.58		
3	GURJOHAR SINGH, .	BORDER SECURITY FORCE	60.71m
	57.61, 60.71, FOUL, 58.04, FOUL, 56.62		
4	PUSHPINDER SINGH, .	PUNJAB POLICE	58.09m
5	OMVEER SINGH, .	UTTAR PADESH POLICE	57.14m
6	PRADEEP KUMAR, .	BORDER SECURITY FORCE	56.69m
7	SHAHNAWAJ KHAN, .	BORDER SECURITY FORCE	56.17m
8	VINAY SINGH, .	CHHATISGARH POLICE	48.08m
9	KARAMVEER, .	RAJASTHAN POLICE	36.57m
10	SOMIAH, .	RAILWAY PROTECTION FORCE	33.03m
11	VIJAY KU SHARMA, .	JHARKHAND POLICE	31.68m
12	ADITYA KUMAR, .	JHARKHAND POLICE	28.80m
	VIKAS, .	DELHI POLICE	FOUL
	ARUN HELAWADE, .	DELHI POLICE	FOUL
	DEEPAK SINGH, .	UTTAR PADESH POLICE	FOUL
	RAMBIR SINGH, .	CRPF	DNS
	ANKUSH KRISHNA, KAMTE	CRPF	DNS
	VIKAS, .	DELHI POLICE	DNS

Event # 18 MENS 800gms Javelin Throw			
TIME:- 13:40 HRS			
15/03/2012			
# M.R.:SATBIR SINGH PUNJAB 79.68 1994			
% N.R.:ANIL KUMAR SINGH BHOPAL 80.72 2008			
1	SACHIN PANWAR, .	CRPF	69.98m
68.14, 69.98, FOUL, NM, NM, 65.00			
2	KUNAR, .	CRPF	67.04m
62.30, 61.52, 63.13, 67.04, FOUL, 63.40			
3	UMA KANT TRIPATHI, .	UTTAR PADESH POLICE	66.75m
60.80, 64.20, 63.33, 62.72, 61.07, 66.75			
4	VIPIN KUMAR TYAGI, .	BORDER SECURITY FORCE	66.34m
5	SANDEEP KUMAR, .	UTTAR PADESH POLICE	65.45m
6	AVTAR SINGH, .	PUNJAB POLICE	65.29m
7	DURGESH, .	CRPF	65.00m
8	JATINDER SINGH, .	PUNJAB POLICE	62.72m
9	ANAND TIWARI, .	SEEMA SURAKSHA BAL	60.00m
10	JAVED ALI, .	SEEMA SURAKSHA BAL	60.00m
Event # 19 MENS 4x100m Relay			
TIME:- 15:35 HRS			
15/03/2012			
# M.R.:BSF TEAM BSF 40.90 2000			
% N.R.:I (R.MOLLA, S.SURESH, SAMEER MON, ABDUL N.QURSH)			
FINAL			
1	KERALA POLICE		42.07
579	ANOOP P.K., .	592	SREERAJ M.M., .
589	RAHUL G.PILLAI, .	590	RENJITH K.G., .
2	CRPF		42.37
364	SANJAY KUMAR, .	354	REJI KUMAR K.G, .
312	CH.CHITRANJAN SINGH	360	SAJI P.S., .
343	RAJA RAM, .		
3	PUNJAB POLICE		42.38
701	INDERJIT SINGH, .	689	AMANDEEP SINGH SR,
712	SARAJ SINGH, .	705	MANINDER SINGH, .
696	BHAGWANT SINGH, .		
4	MAHARASTRA POLICE		42.44
633	SHAIN KUTTI, .	632	SANGRAM PATIL, .
641	VIJENDRA KALE, .	638	VAIBHAV YEDGE, .
639	VIJAY JADHAV, .		
5	UTTAR PADESH POLICE		42.72
869	GAJENDRA SINGH, .	866	AZAD KUMAR SINGH, .
884	SHIV DHANI YADAV, .	962	PUSHPENDER SINGH, .
891	VIPIN KUMAR II, .		
6	TAMILNADU POLICE		42.85
853	SENTHIL, .	851	R.VEERAMANI, .
844	K.PANDIYAN, .	849	MEENAKSHI SUNDRAM,
7	ODISA POLICE		43.51
659	RANJAN KUMAR, P	654	PITHA MUNDA, .
655	PRAKASH PATRA, .	658	RAJENDRA TOPPO, .
	BIHAR POLICE		DNS
Heat-1			
1	KERALA POLICE		42.70
579	ANOOP P.K., .	592	SREERAJ M.M., .
589	RAHUL G.PILLAI, .	590	RENJITH K.G., .
2	UTTAR PADESH POLICE		43.04
869	GAJENDRA SINGH, .	866	AZAD KUMAR SINGH, .
884	SHIV DHANI YADAV, .	962	PUSHPENDER SINGH, .
3	ORISSA POLICE		43.25
659	RANJAN KUMAR, P	654	PITHA MUNDA, .
655	PRAKASH PATRA, .	658	RAJENDRA TOPPO, .
4	SASHASTRA SEEMA BAL		43.81
793	ABHISHEK KUMAR, S	816	RAJESH YADAV, .
807	KAILASH MAHTO, .	827	VIPIN KUMAR, .
818	RUSTAM KHAN, .		
5	KARNATAKA POLICE		45.22
567	VIKAS Y HEGDE, .	556	GOPAL, .
563	MUTHURAJ, .	557	JAGDISH, .
6	UTTARAKHAND POLICE		45.73
903	KALA CHAND, .	900	ARVIND BARTHWAL, .

	904	MAHESH PURI, .		921	SURAJ, .		
		DELHI POLICE					DNS
	Heat-2						
	1	PUNJAB POLICE					43.05
	701	INDERJIT SINGH, .		688	AMANDEEP SINGH JR,		
	696	BHAGWANT SINGH, .		712	SARAJ SINGH, .		
	2	BORDER SECURITY FORCE					43.69
	161	GOPAL KISHORE SAHA,		180	NARESH KINDO, .		
	206	VIKASH SHARMA, .		169	JAGDISH BASAK, .		
	149	AJAY KUMAR, .		150	AMIT KUMAR, .		
	3	BIHAR POLICE					44.51
	131	SACHIN KUMAR, .		122	BASUKI NATH SINGH,		
	125	DILIP KUMAR, .		121	AMIT KUMAR, .		
	4	JHARKHAND POLICE					44.86
	537	LAKHBIR SINGH, .		551	SUNIL KU SINGH, .		
	548	SHEKH ARIF, .		545	PRADEEP TAPE, .		
	543	PARKAS MANDAL, .					
	5	RAILWAY PROTECTION FORCE					46.32
	719	B.KISKU, .		723	ILLIYAS RAJA, .		
	735	S.TIGGA, .		729	VIRENDER YADAV, .		
	6	RAJASTHAN POLICE					46.77
	780	SHYAM LAL, .		774	RAM PRASAD, .		
	778	SANDEEP KUMAR, .		767	LEKH RAJ, .		
	7	ANDHRA PRADESH POLICE					58.96
	104	G.VEERANNA, .		107	P.SARVESH, .		
	108	P.SURENDRANATH, .		105	MD BABA, .		
	Heat-3						
	1	MAHARAstra POLICE					42.82
	633	SHAIN KUTTI, .		632	SANGRAM PATIL, .		
	641	VIJENDRA KALE, .		638	VAIBHAV YEDGE, .		
	639	VIJAY JADHAV, .					
	2	TAMILNADU POLICE					43.16
	844	K.PANDIYAN, .		851	R.VEERAMANI, .		
	853	SENTHIL, .		849	MEENAKSHI SUNDRAM,		
	3	CRPF					43.45
	364	SANJAY KUMAR, .		354	REJI KUMAR K.G, .		
	312	CH.CHITRANJAN SINGH		343	RAJA RAM, .		
	4	INDO TIBETAN BORDER POLICE					43.81
	493	BIJAYA SAHU, .		494	D.CHINNYA, .		
	499	MARUTI NAIK, .		504	SAHID KHAN, .		
	5	WEST BENGAL POLICE					44.02
	934	DEBASISH DAS, .		938	SUSEN ROY, .		
	933	ATUL BARMAN, .		936	NIKHIL ROY, .		
	6	GUJRAT POLICE					46.87
	437	D.D.SHEKHWAT, .		447	V.N.DEVADA, .		
	444	R.R.PARMAR, .		435	A.R.VASAVA, .		
	434	A.K.SOLANKI, .					
		ASSAM POLICE					DNS
	Event # 20 MENS 4x400m Relay						
	TIME:- 16:00 HRS						
	# M.R:CRPF TEAM CRPF 3:10.00 1984						
	% N.R.: (LIJO DAVID, P.RAMCHANDRAN, JATA SHANKAR, PARAMJIT SINGH)						
	FINAL						
	1	BORDER SECURITY FORC					3:15.93
	160	DHARMINDER KUMAR, .		154	BHAGIRATH YADAV, .		
	149	AJAY KUMAR, .		166	HARPREET SINGH, .		
	2	CRPF					3:16.83
	960	GURMEET SINGH, .		337	PRADEEP SINGH, .		
	333	P.SURESH, .		360	SAJI P.S., .		
	312	CH.CHITRANJAN SINGH					
	3	MAHARAstra POLICE					3:17.17
	630	SAGAR DESHMUKH, .		626	DYANESHWER, B		
	624	ANIL AINAPURE, .		635	SURYAJI LIGDE, .		
	4	PUNJAB POLICE					3:18.16
	699	GURVINDERPAL SINGH,		702	JATINDE SINGH, .		
	689	AMANDEEP SINGH SR,		701	INDERJIT SINGH, .		
	5	UTTARAKHAND POLICE					3:20.63
	920	SRIKANT GHILDIYAL,		913	PANKAJ DIMRI, .		
	901	BHUPESH BORA, .		916	RAVINDRA RAUTELA, .		

6	SASHASTRA SEEMA BAL				3:22.19
	799 DEVENDRA DUBEY, .	800	DINESH, .		
	798 DEEPAK, .	802	GULZAR ALI, .		
7	ODISA POLICE				3:24.55
	653 GEORGE TOPPO, .	657	PRASHANT KUMAR, P		
	650 CHATURA MAJHI, .	654	PITHA MUNDA, .		
	KERALA POLICE				DNS
	583 DILEP VENUGOPAL, .	591	SHEREEF K., .		
	580 ARUN KUMAR U.N., .	585	JOMON P.P., .		
	Heat-1				
1	BORDER SECURITY FORCE				3:19.52
	160 DHARMINDER KUMAR, .	154	BHAGIRATH YADAV, .		
	165 GURPREET SINGH, .	166	HARPREET SINGH, .		
	149 AJAY KUMAR, .				
2	CRPF				3:19.53
	340 PRAVISHANKAR P., .	337	PRADEEP SINGH, .		
	960 GURMEET SINGH, .	333	P.SURESH, .		
	360 SAJI P.S., .				
3	UTTARAKHAND POLICE				3:22.91
	920 SRIKANT GHILDYAL,	916	RAVINDRA RAUTELA, .		
	913 PANKAJ DIMRI, .	901	BHUPESH BORA, .		
	904 MAHESH PURI, .				
4	KERALA POLICE				3:23.18
	583 DILEP VENUGOPAL, .	591	SHEREEF K., .		
	593 SUJITH KUMAR, .	580	ARUN KUMAR U.N., .		
5	SASHASTRA SEEMA BAL				3:25.09
	800 DINESH, .	798	DEEPAK, .		
	799 DEVENDRA DUBEY, .	802	GULZAR ALI, .		
6	JHARKHAND POLICE				3:38.64
	539 MARWARI ORAON, .	537	LAKHBIR SINGH, .		
	538 LUIS KUJUR, .	545	PRADEEP TAPE, .		
	544 PASHING BANDIA, .				
7	TAMILNADU POLICE				3:40.77
	838 A.DINESH KUMAR, .	846	KARTHEESAN, .		
	854 SILAMPARASAN, .	851	R.VEERAMANI, .		
	Heat-2				
1	MAHARASTRA POLICE				3:21.18
	630 SAGAR DESHMUKH, .	626	DYANESHWER, B		
	640 VIJAY LAHANE, .	635	SURYAJI LIGDE, .		
2	PUNJAB POLICE				3:21.46
	699 GURVINDERPAL SINGH,	702	JATINDE SINGH, .		
	964 KANWARPAL SINGH, .	701	INDERJIT SINGH, .		
	705 MANINDER SINGH, .				
3	ORISSA POLICE				3:27.14
	653 GEORGE TOPPO, .	657	PRASHANT KUMAR, P		
	650 CHATURA MAJHI, .	654	PITHA MUNDA, .		
	658 RAJENDRA TOPPO, .	659	RANJAN KUMAR, P		
4	INDO TIBETAN BORDER POLICE				3:29.53
	498 MANI RAM, .	507	SONU PANT PATEL, .		
	497 KHEM SINGH, .	496	JAIKY YADAV, .		
5	GUJRAT POLICE				3:36.50
	445 V.J.JEGODA, .	438	H.K.VARU, .		
	446 V.K.NINAMA, .	435	A.R.VASAVA, .		
6	DELHI POLICE				3:36.80
	391 NARENDRA, .	956	MANOJ, .		
	386 GURCHARAN, .	390	MANOJ, .		
7	ANDHRA PRADESH POLICE				3:44.84
	108 P.SURENDRANATH, .	101	A.MADHU, .		
	102 A.TRINATHA RAO, .	109	S.KRISHNA RAO, .		
	UTTAR PADESH POLICE				DNS
	Event # 21 MENS 20000m Walk				
	TIME:-6:30 HRS				
	13/03/2012				
	# M.R.:GURDEV SINGH 1:25:21.70 2000				
	% N.R.:GURMEET SINGH INDIA 1:20.35 2011				
1	JAI BHAGWAN, .		CRPF		1:24:00.20 *NMR
2	NEERAJ SHARMA, .		UTTARAKHAND POLICE		1:25:15.60
3	MANISH, .		UTTARAKHAND POLICE		1:25:15.90
4	IKARAR AHMED, .		SASHASTRA SEEMA BAL		1:25:20.90

5	SANDEEP KUMAR, .	BORDER SECURITY FORCE	1:25:31.20
6	SANTA SINGH, .	BORDER SECURITY FORCE	1:25:49.20
7	ANTAR SINGH SANDHU, .	PUNJAB POLICE	1:26:34.60
8	ANIL KUMAR YADAV, .	JHARKHAND POLICE	1:27:03.30
Event # 43 MENS Decathlon			
TIME:-			
# M.R.:JORA SINGH BSF 7255 2005			
% N.R.:BHARTINDER SINGH INDIA 7658 2011			
1	BHUPENDER SINGH, .	BORDER SECURITY FORCE	6648
	11.20,7.24,12.95,1.72,51.79,15.25,39.10,3.90,52.47,5:46.71		
2	CHANDRAHAS, KUSHWAHA	UTTAR PADESH POLICE	6453
	11.85,6.58,12.46,1.87,55.33,16.36,40.99,3.90,55.53,5:08.89		
3	KULDEEP SINGH, .	CRPF	6374
	12.15,6.11,11.94,1.84,53.28,15.60,38.14,3.70,55.12,4:52.54		
4	VIKRAM SINGH, .	BORDER SECURITY FORCE	6282
5	S.MADHUSUDHAN, .	CRPF	5810
6	VINOD KUMAR, .	SASHASTRA SEEMA BAL	5442
7	MUKESH BAJPAI, .	UTTAR PADESH POLICE	5363
8	PARIMAL MODI, .	JHARKHAND POLICE	4106
9	M.S.PRASANNA, KUMAR	KARNATAKA POLICE	3899
10	HARINDER SINGH, .	PUNJAB POLICE	3061
11	RAJESH KUMAR, .	CRPF	2576
12	JORA SINGH, .	BORDER SECURITY FORCE	882
Event # 66 MENS Marathon			
TIME:- 6:00 Hrs			
15/03/2012			
# M.R.:RASDEV SINGH CRPF 2:50:05.00 1982			
% N.R.:SHIVNATH SINGH INIDA 2:12:00.00 1978			
1	RADHEY KUMAR, .	BORDER SECURITY FORCE	2:26:22.4 *NMR
2	S.NARENDRA, .	CRPF	2:28:05.3
3	SHATRUGHN DHARAV, .	MAHARASTRA POLICE	2:28:06.4
4	SANJAY SINGH, .	CRPF	2:31:53.0
5	TILAK RAM, .	CRPF	2:32:58.5
6	HOSHIAR SINGH, .	BORDER SECURITY FORCE	2:36:43.1
7	HARUN ALI, .	UTTAR PADESH POLICE	2:38:13.2
8	RAJA, .	KARNATAKA POLICE	2:41:21.2
9	ANGREJ SINGH, .	PUNJAB POLICE	2:42:18.9
10	KAMAT PRASAD, .	CHHATISGARH POLICE	2:45:42.6
11	SALAMAT, .	SASHASTRA SEEMA BAL	2:45:44.8
12	SHRIRAM YADAV, .	JHARKHAND POLICE	2:51:11.3
13	PRASANNA KU.TANDI, .	ORISSA POLICE	2:51:40.3
14	BABLU GHOSH, .	SASHASTRA SEEMA BAL	2:53:52.5
15	SANJAY KU GAUR, .	UTTAR PADESH POLICE	2:57:26.9
16	SHALLU RAM, .	JAMMU & KASHMIR POLICE	3:02:33.3
17	ASHOK KUMAR, .	RAJASTHAN POLICE	3:04:42.4
18	NITAL DAS, .	SASHASTRA SEEMA BAL	3:06:05.2
19	DUSMANTA NAYAK, .	ORISSA POLICE	3:07:47.9
20	ROHIT KUMAR, .	RAJASTHAN POLICE	3:08:47.5
21	K.R.SURESH, .	KARNATAKA POLICE	3:08:50.5
22	NEEL KAMAL, .	CHHATISGARH POLICE	3:11:00.6
23	T.RABI KUMAR, .	ORISSA POLICE	3:36:32.0
	CHAKRADHAR MAHTO, .	JHARKHAND POLICE	DNF
	RAJU SINGH, .	BORDER SECURITY FORCE	DNF
	MANOHAR KANYAL, .	UTTARAKHAND POLICE	DNF
	MANWAR, .	UTTARAKHAND POLICE	DNF
	K.M.THAKOR, .	GUJRAT POLICE	DNF
	PREM, .	UTTARAKHAND POLICE	DNF
	MUKESH, .	HARYANA POLICE	DNF
	G.PARTHIBAN, .	TAMILNADU POLICE	DNF
Event # 22 WOMENS 100m			
TIME:- 16:30 HRS			
13/03/2012			
# M.R.:SINDHU V.T. CRPF 11.08 2003			
% N.R.:RACHITA MISTRY TRIVENDRAM 11.38 12.08.2000			
FINAL			
1	MANDEEP KAUR, .	PUNJAB POLICE	12.24
2	HEMA BHANGA, .	MAHARASTRA POLICE	12.27
3	DEEPTI RANI, .	PUNJAB POLICE	12.53
4	ANSU RANI, .	CISF	12.54

5	SINI S., .	KERALA POLICE	12.61
6	M.PRIYA DEVI, .	SASHASTRA SEEMA BAL	12.62
7	RADHA YADAV, .	MADHYA PRADESH POLICE	12.70
8	REMYA KRISHNA T.P., .	CISF	12.74
Semi Final-1			
1	DEEPTI RANI, .	PUNJAB POLICE	12.56
2	M.PRIYA DEVI, .	SASHASTRA SEEMA BAL	12.59
3	RADHA YADAV, .	MADHYA PRADESH POLICE	12.66
4	DAMAYANTI BARIK, .	ORISSA POLICE	12.70
5	PRAMILA, .	TAMILNADU POLICE	13.01
6	RESHMA PATIL, .	MAHARASTRA POLICE	13.09
7	MANJU MV, .	CRPF	13.18
8	BIRANGANA THAKUR, .	WEST BENGAL POLICE	13.51
Semi Final-2			
1	HEMA BHANGA, .	MAHARASTRA POLICE	12.37
2	REMYA KRISHNA T.P., .	CISF	12.59
3	RITARANI GUNDDUA, .	ORISSA POLICE	12.68
4	VIJI VIJAYAN, .	KERALA POLICE	12.92
5	MADHUSMITA NAYAK, .	ORISSA POLICE	12.99
6	JYOTIMA SINGH, .	DELHI POLICE	13.86
7	SAVITA, .	CHANDIGARH POLICE	14.83
Semi Final-3			
1	MANDEEP KAUR, .	PUNJAB POLICE	12.42
2	SINI S., .	KERALA POLICE	12.61
3	ANSU RANI, .	CISF	12.66
4	JASPREET KAUR, .	BORDER SECURITY FORCE	12.74
5	SHIPA MORDE, .	MAHARASTRA POLICE	13.03
6	ASHMA, .	HARYANA POLICE	13.09
7	SANGITA HORO, .	JHARKHAND POLICE	13.16
8	SUJATA BAKE, .	SASHASTRA SEEMA BAL	13.55
Heat-1			
1	HEMA BHANGA, .	MAHARASTRA POLICE	12.36
2	DEEPTI RANI, .	PUNJAB POLICE	12.42
3	MADHUSMITA NAYAK, .	ORISSA POLICE	12.69
4	NEETHU RAJAN, .	KERALA POLICE	12.84
5	SUJATA BAKE, .	SASHASTRA SEEMA BAL	13.27
6	REHANA KHATUN, .	CRPF	14.08
7	BALWINDER KAUR, .	CHANDIGARH POLICE	15.89
8	RITU, .	RAJASTHAN POLICE	15.92
Heat-2			
1	RITARANI GUNDDUA, .	ORISSA POLICE	12.61
2	ANSU RANI, .	CISF	12.64
3	VIJI VIJAYAN, .	KERALA POLICE	12.92
4	MANJU MV, .	CRPF	13.16
5	BIRANGANA THAKUR, .	WEST BENGAL POLICE	14.04
6	SUNITA PATEL, .	MADHYA PRADESH POLICE	14.67
7	SUNITA, .	HIMACHAL PRADESH POLICE	14.90
	DIPIKA B.PRAJAPTI, .	GUJRAT POLICE	DNF
Heat-3			
1	RADHA YADAV, .	MADHYA PRADESH POLICE	12.03
2	M.PRIYA DEVI, .	SASHASTRA SEEMA BAL	12.61
3	RESHMA PATIL, .	MAHARASTRA POLICE	12.79
4	PRAMILA, .	TAMILNADU POLICE	14.56
5	ASMA BANU, .	INDO TIBETAN BORDER POLICE	15.26
6	MINA DEKA, .	ASSAM POLICE	16.39
	DIVIYA, .	CRPF	DNF
	VINOD CHAUDHARY, .	RAJASTHAN POLICE	DNF
Heat-4			
1	SINI S., .	KERALA POLICE	12.55
2	ASHMA, .	HARYANA POLICE	13.11
3	SANGITA HORO, .	JHARKHAND POLICE	13.20
4	SAVITA, .	CHANDIGARH POLICE	14.89
5	RAJSHREE N.PATEL, .	GUJRAT POLICE	15.70
6	SHILPA NAIR, .	GOA POLICE	16.82
Heat-5			
1	MANDEEP KAUR, .	PUNJAB POLICE	12.55
2	REMYA KRISHNA T.P., .	CISF	12.64
3	DAMAYANTI BARIK, .	ORISSA POLICE	12.71
4	JASPREET KAUR, .	BORDER SECURITY FORCE	12.78

5	SHIPA MORDE, .	MAHARASTRA POLICE	13.15
6	JYOTIMA SINGH, .	DELHI POLICE	13.70
7	NISHA, .	CHANDIGARH POLICE	17.79
Event # 23 WOMENS 200m			
TIME:- 14:00 HRS			
15/03/2012			
# M.R.:RAJVINDER KAUR PUNJAB 24.20 2002			
% N.R.:SARASWATI SAHA LUDHIANA 22.82 28.08.2002			
FINAL			
1	SARASWATI CHAND, .	ORISSA POLICE	24.90
2	ANSU RANI, .	CISF	25.26
3	RITARANI GUNDDUA, .	ORISSA POLICE	25.43
4	DEEPTI RANI, .	PUNJAB POLICE	25.53
5	RADHA YADAV, .	MADHYA PRADESH POLICE	25.81
6	JASPREET KAUR, .	BORDER SECURITY FORCE	25.97
7	SANGEETA BORA, .	UTTARAKHAND POLICE	26.31
8	DAMAYANTI BARIK, .	ORISSA POLICE	26.34
Semi Final-1			
1	SARASWATI CHAND, .	ORISSA POLICE	25.48
2	ANSU RANI, .	CISF	25.62
3	RITARANI GUNDDUA, .	ORISSA POLICE	25.88
4	SANGITA HORO, .	JHARKHAND POLICE	26.54
5	PRAMILA, .	TAMILNADU POLICE	26.57
6	ANJU THOMAS, .	KERALA POLICE	26.58
7	ASHMA, .	HARYANA POLICE	26.93
8	SEENIYA THOMAS, .	CRPF	27.02
Semi Final-2			
1	DEEPTI RANI, .	PUNJAB POLICE	25.89
2	RADHA YADAV, .	MADHYA PRADESH POLICE	25.99
3	DAMAYANTI BARIK, .	ORISSA POLICE	26.03
4	JASPREET KAUR, .	BORDER SECURITY FORCE	26.04
5	SANGEETA BORA, .	UTTARAKHAND POLICE	26.30
6	PAPATHI, .	TAMILNADU POLICE	26.74
7	MANJU MV, .	CRPF	26.80
	REMYA KRISHNA T.P, .	CISF	DNF
Heat-1			
1	RADHA YADAV, .	MADHYA PRADESH POLICE	26.30
2	SANGITA HORO, .	JHARKHAND POLICE	26.39
3	PRAMILA, .	TAMILNADU POLICE	26.55
4	MANJU MV, .	CRPF	26.62
5	NEELAM DEVI, .	CISF	27.16
6	SAVITA, .	CHANDIGARH POLICE	30.59
	MANISHA S.LATA, .	GUJRAT POLICE	DNS
	JYOTIMA SINGH, .	DELHI POLICE	DNS
Heat-2			
1	SARASWATI CHAND, .	ORISSA POLICE	26.10
2	REMYA KRISHNA T.P, .	CISF	26.25
3	JASPREET KAUR, .	BORDER SECURITY FORCE	26.28
4	ASMA BANU, .	INDO TIBETAN BORDER POLICE	28.30
5	HAZERA KHATUN, .	CRPF	30.49
6	KAVITA, .	RAJASTHAN POLICE	32.22
7	DIPIKA B.PRAJAPTI, .	GUJRAT POLICE	32.41
Heat-3			
1	ANSU RANI, .	CISF	25.92
2	DEEPTI RANI, .	PUNJAB POLICE	26.24
3	RITARANI GUNDDUA, .	ORISSA POLICE	26.24
4	SEENIYA THOMAS, .	CRPF	27.09
5	SHIPA MORDE, .	MAHARASTRA POLICE	27.23
6	DIPTI CHUTIA, .	ASSAM POLICE	27.27
7	SUNITA, .	HIMACHAL PRADESH POLICE	30.06
8	SUNITA, .	RAJASTHAN POLICE	33.91
Heat-4			
1	DAMAYANTI BARIK, .	ORISSA POLICE	25.93
2	ANJU THOMAS, .	KERALA POLICE	26.22
3	SANGEETA BORA, .	UTTARAKHAND POLICE	26.37
4	ASHMA, .	HARYANA POLICE	26.53
5	PAPATHI, .	TAMILNADU POLICE	26.63
6	ANJUMA BEGUM, .	ASSAM POLICE	31.39

7	AASMA B.RANA, .	GUJRAT POLICE	37.21
8	SAPNA, .	CHANDIGARH POLICE	39.76
Event # 24 WOMENS 400m			
TIME:- 17:20 HRS			
13/03/2012			
# M.R.:RAJVINDER KAUR PUNJAB 52.53 2002			
% N.R.:MANJEET KAUR CHENNAI 51.05 16.06.2004			
FINAL			
1	SARASWATI CHAND, .	ORISSA POLICE	55.46
2	IQBAL KAUR, .	PUNJAB POLICE	56.68
3	RATTANDEEP KAUR, .	PUNJAB POLICE	57.12
4	ANJU THOMAS, .	KERALA POLICE	57.51
5	SIMARJIT KAUR, .	PUNJAB POLICE	58.63
6	POONAM, .	BORDER SECURITY FORCE	59.95
7	ARCHANA BHADURIA, .	SASHASTRA SEEMA BAL	1:00.45
8	AMBIKA SREEDHARAN, .	KERALA POLICE	1:00.81
Heat-1			
1	IQBAL KAUR, .	PUNJAB POLICE	58.01
2	ANJU THOMAS, .	KERALA POLICE	59.03
3	PH.SANDHYA RANI, DEVI	SASHASTRA SEEMA BAL	1:00.48
4	RAJNISH, .	HIMACHAL PRADESH POLICE	1:02.17
5	KAVITA KADAM, .	MAHARASTRA POLICE	1:03.84
6	MAMTA, .	RAJASTHAN POLICE	1:12.79
7	SOMI B.DANOR, .	GUJRAT POLICE	1:16.43
Heat-2			
1	RATTANDEEP KAUR, .	PUNJAB POLICE	57.97
2	AMBIKA SREEDHARAN, .	KERALA POLICE	59.55
3	ARCHANA BHADURIA, .	SASHASTRA SEEMA BAL	1:00.31
4	CHARUSHILA MORDE, .	MAHARASTRA POLICE	1:00.54
5	NUTAN MINZ, .	JHARKHAND POLICE	1:06.58
6	PADMAWATI, .	DELHI POLICE	1:15.39
7	MAMTA, .	HIMACHAL PRADESH POLICE	1:19.54
8	TARUNA N.MAKWANA, .	GUJRAT POLICE	1:23.23
Heat-3			
1	SARASWATI CHAND, .	ORISSA POLICE	57.63
2	SIMARJIT KAUR, .	PUNJAB POLICE	58.85
3	POONAM, .	BORDER SECURITY FORCE	59.02
4	SANGEETA BORA, .	UTTARAKHAND POLICE	1:00.60
5	SEENIYA THOMAS, .	CRPF	1:01.10
6	PUJA VARGAR, .	MAHARASTRA POLICE	1:01.23
	ANITA KACHHAP, .	JHARKHAND POLICE	DNS
Event # 25 WOMENS 800m			
TIME:- 14:30 HRS			
15/03/2012			
# M.R.:SALMA M.C. CRPF 2:08.76 2004			
% N.R.:TINTU LUKA BRUSSLES 1:59.17 AUG 2010			
FINAL			
1	SUKUMATI LAGURI, .	ORISSA POLICE	2:13.56
2	IQBAL KAUR, .	PUNJAB POLICE	2:14.27
3	LAKHVIR KAUR, .	PUNJAB POLICE	2:14.36
4	PRATIMA TUDDU, .	SASHASTRA SEEMA BAL	2:16.11
5	ARCHANA BHADURIA, .	SASHASTRA SEEMA BAL	2:19.47
6	RAJNISH, .	HIMACHAL PRADESH POLICE	2:22.67
7	ANITA KACHHAP, .	JHARKHAND POLICE	2:30.43
	AMBIKA SREEDHARAN, .	KERALA POLICE	DNF
Heat-1			
1	LAKHVIR KAUR, .	PUNJAB POLICE	2:26.00
2	SUKUMATI LAGURI, .	ORISSA POLICE	2:26.01
3	ARCHANA BHADURIA, .	SASHASTRA SEEMA BAL	2:26.60
4	AMBIKA SREEDHARAN, .	KERALA POLICE	2:27.84
5	ANITA KACHHAP, .	JHARKHAND POLICE	2:34.74
6	LALITA KOPADEKAR, .	GOA POLICE	2:51.31
	VILAS S PARMAR, .	GUJRAT POLICE	DNF
	R.REVATHI, .	TAMILNADU POLICE	DNS
Heat-2			
1	PRATIMA TUDDU, .	SASHASTRA SEEMA BAL	2:26.42
2	IQBAL KAUR, .	PUNJAB POLICE	2:26.47
3	RAJNISH, .	HIMACHAL PRADESH POLICE	2:29.90
4	NITU, .	CHANDIGARH POLICE	3:08.83

5	MAMTA, .	HIMACHAL PRADESH POLICE	3:27.64
	NEELAM R.VASAVA, .	GUJRAT POLICE	DNF
	LINCY K.P., .	CRPF	DNF
	HARJIT KAUR, .	PUNJAB POLICE	DNF
Event # 26 WOMENS 1500m			
TIME:- 16:30 HRS			
12/03/2012			
# M.R.:SUNITA RANI PUNJAB 4:20.61 2004			
% N.R.:SUNITA RANI BUSAN 4:06.03 10.10.2002			
1	SUKUMATI LAGURI, .	ORISSA POLICE	4:39.84
2	PRATIMA TUDDU, .	SASHASTRA SEEMA BAL	4:41.66
3	MANPREET KAUR, .	PUNJAB POLICE	4:44.29
4	S.THABATON CHANU, .	CRPF	4:49.89
5	SHAKUNTALA NEGI, .	UTTARAKHAND POLICE	4:55.93
6	SEEMA AKHTAR, .	MAHARASTRA POLICE	4:57.85
7	RAJWINDER KAUR, .	BORDER SECURITY FORCE	5:01.48
8	HARJIT KAUR, .	PUNJAB POLICE	5:12.50
9	KANTA, .	RAJASTHAN POLICE	5:14.13
10	KIRANJIT KAUR, .	BORDER SECURITY FORCE	5:22.63
11	RAJESHWARI DEVI, .	INDO TIBETAN BORDER POLICE	5:23.88
12	NIDHI RANI, .	BORDER SECURITY FORCE	5:25.68
Event # 27 WOMENS 5000m			
TIME:- 16:40 HRS			
14/03/2012			
# M.R.:SUNITA RANI PUNJAB :16:35.59 2004			
%N.R.:P.SRIDHARAN GUANGZHOU :15:15.89 26/11/2010			
1	L.CHAOBACHANU, .	CRPF	17:19.74
2	NAVJOBAN KAUR, .	PUNJAB POLICE	17:26.54
3	ASHA RANI, .	PUNJAB POLICE	17:38.81
4	ANURADHA SINGH, .	CISF	17:54.63
5	S.THABATON CHANU, .	CRPF	18:27.78
6	SAVITA DEVI, .	CRPF	18:36.57
7	SARABJIT KAUR JR, .	PUNJAB POLICE	18:43.09
8	KAMLA RAJWAR, .	JHARKHAND POLICE	18:58.85
9	BHAVANA JOSHI, .	UTTARAKHAND POLICE	19:56.72
10	GURBIR KAUR, .	BORDER SECURITY FORCE	20:02.50
11	MEENATAI DESAI, .	MAHARASTRA POLICE	20:21.77
12	SUKHPREET, .	CHANDIGARH POLICE	21:58.39
13	SHOBHNA I DHODI, .	GUJRAT POLICE	26:23.75
	KIRANJIT KAUR, .	BORDER SECURITY FORCE	DNF
	GRUBARI BEHRA, .	JHARKHAND POLICE	DNF
	SAROJ JOSHI, .	UTTARAKHAND POLICE	DNF
Event # 28 WOMENS 10000m			
TIME:- 17:50 HRS			
12/03/2012			
#N.R.:P.SRIDHARAN GUANGZHOU :31:50.47 21/11/2010			
1	L.CHAOBACHANU, .	CRPF	36:54.62
2	ANURADHA SINGH, .	CISF	36:59.58
3	ASHA RANI, .	PUNJAB POLICE	37:11.20
4	SAVITA DEVI, .	CRPF	37:37.06
5	SARABJIT KAUR JR, .	PUNJAB POLICE	37:39.86
6	NAVJOBAN KAUR, .	PUNJAB POLICE	37:47.30
7	GEETA RAI, .	UTTAR PADESH POLICE	39:14.87
8	KAMLA RAJWAR, .	JHARKHAND POLICE	39:50.63
Event # 29 WOMENS 84.0cm 100m Hurdles			
TIME:- 13:00 HRS			
15/03/2012			
# M.R.:ANISHA VIJIAN CRPF 14.61 2004			
% N.R.:ANURADHA BISWAL NEW DELHI 13.38 08.09.2002			
FINAL			
1	ARVINDA RATHWA, .	PUNJAB POLICE	14.66
2	KULWINDER KAUR, .	PUNJAB POLICE	15.39
3	MANPREET KAUR, .	BORDER SECURITY FORCE	15.65
4	BABLI MITRA, .	WEST BENGAL POLICE	16.35
5	VINITA BHANDARI, .	CISF	16.37
6	BIRANGANA THAKUR, .	WEST BENGAL POLICE	16.43
7	SNEHA M.J., .	CRPF	16.70
	JOJIMOL JOSEPH, .	KERALA POLICE	DNF
Heat-1			

1	ARVINDA RATHWA, .	PUNJAB POLICE	15.22
2	MANPREET KAUR, .	BORDER SECURITY FORCE	15.57
3	VINITA BHANDARI, .	CISF	16.49
4	SNEHA M.J., .	CRPF	16.63
5	BABLI MITRA, .	WEST BENGAL POLICE	16.65
6	KALAISELVI, .	TAMILNADU POLICE	19.34
7	BHUPINDER KAUR, .	PUNJAB POLICE	27.20
	REMYA MOL DEVASIA, .	CISF	DNS
Heat-2			
1	KULWINDER KAUR, .	PUNJAB POLICE	15.70
2	JOJIMOL JOSEPH, .	KERALA POLICE	15.72
3	BIRANGANA THAKUR, .	WEST BENGAL POLICE	16.63
4	BHARATI DEY, .	CISF	17.49
5	POONAM POONIA, .	CRPF	17.65
6	PRATIKSHA JADHAV, .	GOA POLICE	18.08
7	M.SENTHAMIZH, .	TAMILNADU POLICE	19.20
8	SANDEEP GHUMAN, .	BORDER SECURITY FORCE	19.68
Event # 30 WOMENS 76.2cm 400m Hurdles			
TIME:-9:45 HRS			
13/03/2012			
# N.R.:P.T. USHA LOS ANGELES 55.42 08.08.1984			
FINAL			
1	SAPINDER KAUR, .	PUNJAB POLICE	58.88
2	BHUPINDER KAUR, .	PUNJAB POLICE	1:02.76
3	PAPATHI, .	TAMILNADU POLICE	1:04.21
4	SANDEEP GHUMAN, .	BORDER SECURITY FORCE	1:04.75
5	BHARATI DEY, .	CISF	1:07.10
	NEETHUMOL P.MATHEW, .	KERALA POLICE	DNF
	MANPREET KAUR, .	BORDER SECURITY FORCE	DNF
	JOJIMOL JOSEPH, .	KERALA POLICE	DNF
Heat-1			
1	BHUPINDER KAUR, .	PUNJAB POLICE	1:02.45
2	PAPATHI, .	TAMILNADU POLICE	1:05.11
3	MANPREET KAUR, .	BORDER SECURITY FORCE	1:05.79
4	BHARATI DEY, .	CISF	1:07.16
5	JOJIMOL JOSEPH, .	KERALA POLICE	1:08.98
6	KAVITA KADAM, .	MAHARASTRA POLICE	1:11.89
Heat-2			
1	SAPINDER KAUR, .	PUNJAB POLICE	1:01.71
2	SANDEEP GHUMAN, .	BORDER SECURITY FORCE	1:05.74
3	NEETHUMOL P.MATHEW, .	KERALA POLICE	1:07.72
4	POONAM POONIA, .	CRPF	1:09.36
5	R.REVATHI, .	TAMILNADU POLICE	1:10.03
6	REKHA HALDER, .	SASHASTRA SEEMA BAL	1:13.44
Event # 31 WOMENS 3000m Steeplechase			
TIME:- 15:00 HRS			
15/03/2012			
# N.R.:SUDHA SINGH GUANGZHOU 9:55.67 21/11/2010			
1	GEETA RAI, .	UTTAR PADESH POLICE	10:59.05
2	SHAKUNTALA NEGI, .	UTTARAKHAND POLICE	11:27.74
3	SAROJ JOSHI, .	UTTARAKHAND POLICE	11:29.95
4	SEEMA AKHTAR, .	MAHARASTRA POLICE	11:37.05
5	SHEELA, .	CISF	11:54.61
6	BHUPINDER KAUR, .	BORDER SECURITY FORCE	13:13.37
	LINCY K.P., .	CRPF	DNF
	MANPREET KAUR, .	PUNJAB POLICE	DNF
	CHETANA F. THAKUR, .	GUJRAT POLICE	DNF
	SANDEEP KAUR, .	PUNJAB POLICE	DNF
	WAHIDA REHMAN, .	CRPF	DNF
Event # 32 WOMENS High Jump			
TIME:- 16:00 HRS			
13/03/2012			
# M.R.:A.K. DEEPA CRPF 1.76 1999			
% N.R.:BOBBY ALOYSIUS CHENNAI 1.91 18.07.2004			
1	TINTU N.D., .	KERALA POLICE	1.69m
2	DIVIYA SREE JR, .	CRPF	1.66m
3	NAVPREET KAUR, .	PUNJAB POLICE	1.63m
4	PREETI, .	BORDER SECURITY FORCE	1.60m
5	ANIL JHAJHARIA, .	CRPF	1.50m

5	VINITA BHANDARI, .	CISF	1.50m
7	MANBIR KAUR, .	BORDER SECURITY FORCE	1.45m
	BEAUTI DEORI, .	ASSAM POLICE	FOUL
	ALKA, .	RAJASTHAN POLICE	FOUL
	REENA, .	HARYANA POLICE	DNS
Event # 33 WOMENS Long Jump			
TIME:- 16:30 HRS			
12/03/2012			
# M.R.:A.K. DEEPA CRPF 6.01 2000			
% N.R.:ANJU BOBBY GEORGE ATHENS 6.83 27.08.2004			
1	M.PRIYA DEVI, .	SASHASTRA SEEMA BAL	6.09m *NMR
	5.77, 6.00, 5.96, 6.09, 5.90, 6.04		
2	ANISHA K.VIJIYAN, .	CRPF	6.03m
	5.83, 5.60, 5.94, 5.71, 6.03, 5.95		
3	PIYALI PAUL, .	WEST BENGAL POLICE	6.03m
	5.82, 6.03, 5.72, 5.65, FOUL, FOUL		
4	LINDAMOL M.RAJAN, .	KERALA POLICE	5.54m
5	SARABJEET KAUR, .	CRPF	5.45m
6	MEREENA JOSEPH, .	KERALA POLICE	5.43m
7	PUJA VARGAR, .	MAHARASTRA POLICE	5.34m
8	TAMIL SELVI, .	TAMILNADU POLICE	5.21m
9	SHINU C.D., .	CRPF	4.98m
10	MANJU, .	RAJASTHAN POLICE	4.76m
11	RENUKA KINDO, .	JHARKHAND POLICE	4.68m
12	HEMA RANI KULLU, .	JHARKHAND POLICE	4.57m
13	DIPIKA B.PRAJAPTI, .	GUJRAT POLICE	4.42m
14	LAXMI, .	DELHI POLICE	3.84m
	NOORI, .	DELHI POLICE	FOUL
	RASHDEEP KAUR, .	CHANDIGARH POLICE	FOUL
	BALWINDER KAUR, .	CHANDIGARH POLICE	FOUL
Event # 34 WOMENS Triple Jump			
TIME:- 15:30 HRS			
14/03/2012			
# M.R.:ANISHA VIJIAN CRPF 13.31 2005			
% N.R.:MAYOOKA JOHNY INDIA 14.11 2011			
1	ANISHA K.VIJIYAN, .	CRPF	13.09m
	13.09, FOUL, FOUL, 12.58, FOUL, FOUL		
2	KULWINDER KAUR, .	PUNJAB POLICE	12.61m
	12.44, 12.36, 12.56, 12.56, 12.61, 12.19		
3	SARABJEET KAUR, .	CRPF	12.41m
	11.84, 11.96, 12.22, FOUL, 12.41, 12.25		
4	MEREENA JOSEPH, .	KERALA POLICE	12.06m
5	SAPINDERPAL KAUR, .	PUNJAB POLICE	11.52m
6	SHINU C.D., .	CRPF	11.37m
	RASHDEEP KAUR, .	CHANDIGARH POLICE	FOUL
	REMYA MOL DEVASIA, .	CISF	FOUL
	LINDAMOL M.RAJAN, .	KERALA POLICE	FOUL
	MANJU, .	RAJASTHAN POLICE	FOUL
Event # 35 WOMENS Pole Vault			
TIME:- 15:30 HRS			
14/03/2012			
# M.R.:DEEPA CHAUDHARY CRPF 3.20 2004			
% N.R.:V.S. SUREKHA PATIALA 4.08 23.10.2006			
1	BARNALI RAI, .	CRPF	3.25m *NMR
2	KUMARI SANGEETA, .	CISF	3.20m
3	BABLI MITRA, .	WEST BENGAL POLICE	3.10m
4	TAMIL SELVI, .	TAMILNADU POLICE	3.05m
5	RAJESHWARI, .	TAMILNADU POLICE	2.30m
	SHANMUGA SUNDARI, .	TAMILNADU POLICE	FOUL
	DEEPA CHAUDHARY, .	CRPF	DNS
Event # 36 WOMENS 4.00kg Shot Put			
TIME:- 14:45 HRS			
15/03/2012			
# M.R.:AMANDEEP KAUR PUNJAB 15.95 1997			
% N.R.:HARBANS KAUR MUMBAI 17.43 24.11.1997			
1	SAROJ SIHAG, .	CRPF	13.88m
	13.07, 13.50, 13.88, FOUL, FOUL, 13.61		

2	SMRITIKANA MANNA, .	WEST BENGAL POLICE	13.30m
	12.21, 12.60, FOUL, 13.28, FOUL, 13.30		
3	MANJIT KAUR, .	PUNJAB POLICE	13.19m
	12.89, 12.84, 12.49, 13.19, FOUL, 12.81		
4	RUPINDER KAUR, .	PUNJAB POLICE	12.93m
5	NEHA SINGH, .	CISF	12.38m
6	NARINDER KAUR, .	PUNJAB POLICE	12.35m
7	SUSHILA DEVI, .	CRPF	11.07m
8	RATNA NASKAR, .	WEST BENGAL POLICE	9.83m
9	KRISHNA PUNIA, .	RAJASTHAN POLICE	9.70m
10	BASANTI LAKRA, .	JHARKHAND POLICE	8.86m
11	RANJITA GOHAIN, .	ASSAM POLICE	8.72m
12	ANJU, .	RAJASTHAN POLICE	8.30m
13	KIRTI SURYAVANSHI, .	CHHATISGARH POLICE	8.00m
	RAJESHWARI, .	TAMILNADU POLICE	DNS
	SAVITA SHARMA, .	CHANDIGARH POLICE	DNS
	SANDEEP KAUR, .	CHANDIGARH POLICE	DNS
	KALASH RANI, .	CHANDIGARH POLICE	DNS
	SUSHILA JAKHAR, .	BORDER SECURITY FORCE	DNS
Event # 37 WOMENS 1.00kg Discus Throw			
TIME:- 17:30 Hrs			
13/03/2012			
# M.R:HARWANT KAUR PUNJAB 57.70 1994			
% N.R.:SEEMA ANTIL CHENNAI 64.64 16.06.2004			
1	SAROJ SIHAG, .	CRPF	47.11m
	41.74, 43.04, 46.54, 47.11, FOUL, FOUL		
2	BALJIT KAUR, .	PUNJAB POLICE	46.95m
	46.32, 44.70, FOUL, 44.49, 46.95, FOUL		
3	SUSHILA JAKHAR, .	BORDER SECURITY FORCE	43.60m
	42.65, 43.33, 42.41, 40.52, 43.60, 42.84		
4	N.NIVEDITA, .	SASHASTRA SEEMA BAL	38.36m
5	NEHA SINGH, .	CISF	37.70m
6	K.ARUNA DEVI, .	SASHASTRA SEEMA BAL	36.68m
7	RATNA NASKAR, .	WEST BENGAL POLICE	36.32m
8	BHAVANA GOUD, .	MADHYA PRADESH POLICE	36.04m
9	BASANTI LAKRA, .	JHARKHAND POLICE	29.92m
10	SANDEEP KAUR, .	CHANDIGARH POLICE	23.60m
Event # 38 WOMENS 4.00kg Hammer Throw			
TIME:- 16:30 HRS			
12/03/2012			
# M.R:PHOOL PATTI CRPF 53.52 1999			
% N.R.:HARDEEP KAUR NEW DELHI 61.67 08.09.2002			
1	MINAKSHI JAKHAR, .	BORDER SECURITY FORCE	54.66m *NMR
	52.61, 53.91, FOUL, 52.05, 49.95, 54.66		
2	SARABJIT KAUR SR, .	PUNJAB POLICE	53.87m
	FOUL, 52.39, 53.87, FOUL, FOUL, 50.92		

3	HARDEEP KAUR, .	PUNJAB POLICE	53.29m
	50.30, FOUL, 51.42, FOUL, 52.29, 53.29		
4	ARCHANA BARA, .	BIHAR POLICE	52.56m
5	GURWINDER KAUR, .	BORDER SECURITY FORCE	51.74m
6	DEEPIKA HONDA, .	PUNJAB POLICE	48.24m
7	SUSHILA DEVI, .	CRPF	46.50m
8	PHOOL PATTI, .	CRPF	46.50m
9	SEEMA, .	DELHI POLICE	39.08m
10	PUSHPA KUMARI, .	JHARKHAND POLICE	32.03m
	Event # 39 WOMENS 600gms Javelin Throw		
	TIME:-17:35 HRS		
	12/03/2012		
	# M.R.:SHEEJA MATHEW CRPF 52.19 2002		
	% N.R.:GURMEET KAUR BANGLORE 58.64 17.07.2000		
1	CHUMKI CHAUDHARY, .	CRPF	44.27m
	FOUL, 39.90, 43.94, 44.27, FOUL, FOUL		
3	RUPINDER KAUR, .	PUNJAB POLICE	44.11m
	43.73, FOUL, 40.99, 40.83, 44.11, 39.93		
4	BEAUTI DEORI, .	ASSAM POLICE	42.72m
5	KASHMIR KAUR, .	PUNJAB POLICE	39.68m
6	PRIYANKA SINGH, .	CISF	36.00m
7	RENU SANGROLA, .	CISF	31.86m
8	POOJA, .	DELHI POLICE	31.79m
9	TAMIL SELVI, .	TAMILNADU POLICE	29.77m
10	POONAM KUMARI, .	CRPF	28.70m
11	GAURATI KISPHOTTA, .	JHARKHAND POLICE	27.35m
12	AMANDEEP KAUR, .	BORDER SECURITY FORCE	24.89m
13	PANA, .	RAJASTHAN POLICE	23.47m
14	KALASH RANI, .	CHANDIGARH POLICE	21.89m
15	SAVITA SHARMA, .	CHANDIGARH POLICE	17.76m
	SHIKA PATRA, .	WEST BENGAL POLICE	FOUL
	JYOTIMA SINGH, .	DELHI POLICE	FOUL
	KAVITA, .	INDO TIBETAN BORDER POLICE	FOUL
	SOPHIA KISPHOTTA, .	JHARKHAND POLICE	DNS
	Event # 40 WOMENS 4x100m Relay		
	TIME:- 15:20 HRS		
	15/03/2012		
	# M.R.:PUNJAB TEAM PUNJAB 47.32 2003		
	% N.R.:INDIAN TEAM FUKUOKA 44.43 22.07.1998		
	FINAL		
1	PUNJAB POLICE		47.90
	674 MANDEEP KAUR, .	687 SIMARJIT KAUR, .	
	684 SAPINDERPAL KAUR, .	667 DEEPTI RANI, .	
	672 KULWINDER KAUR, .		
2	ORISSA POLICE		48.24
	643 MADHUSMITA NAYAK, .	642 DAMAYANTI BARIK, .	
	644 RITARANI GUNDUA, .	645 SARASWATI CHAND, .	
3	MAHARASTRA POLICE		48.57
	617 PUJA VARGAR, .	613 CHARUSHILA MORDE, .	
	621 SHIPA MORDE, .	614 HEMA BHANGA, .	
4	CRPF		48.84
	304 SEENIYA THOMAS, .	281 ANISHA K.VIJIAN, .	
	293 MANJU MV, .	301 SARABJEET KAUR, .	
5	KERALA POLICE		49.13
	571 JOJIMOL JOSEPH, .	574 NEETHU RAJAN, .	
	578 VIJI VIJAYAN, .	576 SINI S., .	
6	CISF		49.24
	262 REMYA KRISHNA T.P,	267 VINITA BHANDARI, .	
	256 NEELAM DEVI, .	250 ANSU RANI, .	

7	BORDER SECURITY FORCE			50.63
141	MANPREET KAUR, .	147	SANDEEP GHUMAN, .	
144	POONAM, .	137	JASPREET KAUR, .	
	TAMILNADU POLICE			DNS
832	PRAMILA, .	831	PAPATHI, .	
829	KALAISELVI, .	836	TAMIL SELVI, .	
	Heat-1			
1	ORISSA POLICE			48.53
643	MADHUSMITA NAYAK, .	642	DAMAYANTI BARIK, .	
644	RITARANI GUNDUA, .	645	SARASWATI CHAND, .	
2	MAHARASTRA POLICE			49.22
618	RESHMA PATIL, .	613	CHARUSHILA MORDE, .	
621	SHIPA MORDE, .	614	HEMA BHANGA, .	
617	PUJA VARGAR, .			
3	CISF			49.34
250	ANSU RANI, .	267	VINITA BHANDARI, .	
256	NEELAM DEVI, .	262	REMYA KRISHNA T.P,	
252	BHARATI DEY, .			
4	BORDER SECURITY FORCE			49.86
141	MANPREET KAUR, .	147	SANDEEP GHUMAN, .	
144	POONAM, .	137	JASPREET KAUR, .	
5	TAMILNADU POLICE			51.18
836	TAMIL SELVI, .	831	PAPATHI, .	
829	KALAISELVI, .	832	PRAMILA, .	
6	DELHI POLICE			56.82
375	JYOTIMA SINGH, .	379	POOJA, .	
376	LAXMI, .	377	PADMAWATI, .	
7	GUJRAT POLICE			1:01.12
423	MANISHA S.LATA, .	424	NEELAM R.VASAVA, .	
429	TEJAL R.VASAVA, .	422	DIPIKA B.PRAJAPTI,	
425	RAJSHREE N.PATEL, .			
	Heat-2			
1	CRPF			48.84
304	SEENIYA THOMAS, .	281	ANISHA K.VIJIYAN, .	
293	MANJU MV, .	301	SARABJEET KAUR, .	
2	PUNJAB POLICE			49.23
674	MANDEEP KAUR, .	687	SIMARJIT KAUR, .	
684	SAPINDERPAL KAUR, .	667	DEEPTI RANI, .	
3	KERALA POLICE			49.32
571	JOJIMOL JOSEPH, .	574	NEETHU RAJAN, .	
578	VIJI VIJAYAN, .	576	SINI S., .	
4	JHARKHAND POLICE			53.46
520	RENUKA KINDO, .	518	NUTAN MINZ, .	
515	HEMA RANI KULLU, .	521	SANGITA HORO, .	
522	SAVITRI TIU, .			
5	CHANDIGARH POLICE			57.54
220	SAVITA, .	217	SANDEEP KAUR, .	
215	RASHDEEP KAUR, .	211	BALWINDER KAUR, .	
221	SAVITA SHARMA, .			
	ASSAM POLICE			DNS
	Event # 41 WOMENS 4x400m Relay			
	TIME:- 16:15 HRS			
	# M.R:CRPF TEAM CRPF 3:41.00 1998			
	% N.R.: (CHITRA K SOMAN, RAJWINDER KAUR, K.M.BINAMOL, MANJIT KAUR)			
	FINAL			
1	PUNJAB POLICE			3:47.45
673	LAKHVIR KAUR, .	687	SIMARJIT KAUR, .	
670	IQBAL KAUR, .	683	SAPINDER KAUR, .	
665	BHUPINDER KAUR, .			
2	ODISA POLICE			3:56.25
642	DAMAYANTI BARIK, .	646	SUKUMATI LAGURI, .	

	644	RITARANI GUNDUA, .	645	SARASWATI CHAND, .		
3		KERALA POLICE				3:59.38
	568	AMBIKA SREEDHARAN,	575	NEETHUMOL P.MATHEW,		
	570	CHINCHU JOSE, .	569	ANJU THOMAS, .		
4		SASHASTRA SEEMA BAL				4:01.74
	785	ARCHANA BHADURIA, .	791	REKHA HALDER, .		
	789	PH.SANDHYA RANI, D	790	PRATIMA TUDDU, .		
5		BORDER SECURITY FORCE				4:05.65
	144	POONAM, .	141	MANPREET KAUR, .		
	137	JASPREET KAUR, .	147	SANDEEP GHUMAN, .		
6		MAHARASTRA POLICE				4:05.67
	620	SHARMILA MALWAOKAR	617	PUJA VARGAR, .		
	615	KAVITA KADAM, .	613	CHARUSHILA MORDE, .		
7		CRPF				4:14.01
	292	LINCY K.P., .	304	SEENIYA THOMAS, .		
	293	MANJU MV, .	301	SARABJEET KAUR, .		
8		JHARKHAND POLICE				4:19.85
	518	NUTAN MINZ, .	511	ANITA KACHHAP, .		
	522	SAVITRI TIU, .	521	SANGITA HORO, .		
	517	MERI PRAFULLIT LAKR				
Heat-1						
1		PUNJAB POLICE				3:54.57
	673	LAKHVIR KAUR, .	687	SIMARJIT KAUR, .		
	670	IQBAL KAUR, .	683	SAPINDER KAUR, .		
	665	BHUPINDER KAUR, .				
2		ODISA POLICE				4:02.10
	642	DAMAYANTI BARIK, .	646	SUKUMATI LAGURI, .		
	644	RITARANI GUNDUA, .	645	SARASWATI CHAND, .		
	643	MADHUSMITA NAYAK, .				
3		BORDER SECURITY FORCE				4:06.78
	144	POONAM, .	139	KIRANJIT KAUR, .		
	137	JASPREET KAUR, .	147	SANDEEP GHUMAN, .		
4		CRPF				4:08.97
	297	POONAM POONIA, .	304	SEENIYA THOMAS, .		
	293	MANJU MV, .	292	LINCY K.P., .		
	301	SARABJEET KAUR, .				
5		CHANDIGARH POLICE				5:05.18
	220	SAVITA, .	215	RASHDEEP KAUR, .		
	211	BALWINDER KAUR, .	214	NITU, .		
	218	SANDEEP KAUR, .				
Heat-2						
1		KERALA POLICE				4:03.30
	568	AMBIKA SREEDHARAN,	575	NEETHUMOL P.MATHEW,		
	570	CHINCHU JOSE, .	569	ANJU THOMAS, .		
2		MAHARASTRA POLICE				4:07.82
	620	SHARMILA MALWAOKAR	617	PUJA VARGAR, .		
	615	KAVITA KADAM, .	613	CHARUSHILA MORDE, .		
3		SASHASTRA SEEMA BAL				4:09.22
	789	PH.SANDHYA RANI, D	791	REKHA HALDER, .		
	792	SUJATA BAKE, .	785	ARCHANA BHADURIA, .		
4		JHARKHAND POLICE				4:18.84
	518	NUTAN MINZ, .	511	ANITA KACHHAP, .		
	522	SAVITRI TIU, .	521	SANGITA HORO, .		
	517	MERI PRAFULLIT LAKR				
5		GUJRAT POLICE				5:24.77
	427	SOMI B.DANOR, .	428	TARUNA N.MAKWANA, .		
	424	NEELAM R.VASAVA, .	430	TINU K GOMET, .		
	426	SHOBHNA I DHODI, .				
		TAMILNADU POLICE				DNS
Event # 42 WOMENS 10000m Walk						
TIME:- 6:00 AM						

	13/03/2012			
	# M.R:AMANDEEP KAUR PUNJAB :50:26.00			
1	GAURAV KUMARI, .		CISF	45:42.40 *NMR
2	SANDHYA K.J, .		CRPF	47:19.10
3	L.SARDA DEVI, .		CRPF	47:19.60
4	RANJANA GUPTA, .		CISF	47:23.60
5	MEENA CHIKARA, .		CRPF	49:01.70
6	JYOTI, .		BORDER SECURITY FORCE	52:35.10
7	IBEMCH DEVI, .		INDO TIBETAN BORDER POLICE	55:14.10
8	RAJNI, .		CISF	55:15.70
	ALKA KUMARI, .		JHARKHAND POLICE	DNF
	SUSHMA GARDI, .		JHARKHAND POLICE	DNF
	SAPNA, .		RAJASTHAN POLICE	DNS