

77th ALL INDIA INTER RAILWAY ATHLETICS CHAMPIONSHIPS-2011-12

Org By:- EAST COAST RAILWAY SPORTS ASSOCIATION

KALINGA STADIUM, BHUBANESHWER

~~* FINAL RESULTS *~*~*

Event # 1 MENS 100m						
TIME:-14:00 Hrs						
#I.R.:R.GNANASEKHARAN □□R. SOUTHERN RAILWAY 10.20 1978						
% N.R.:ANIL KUMAR P. NEW DELHI 10.30 24.08.05						
Final						
1	B.G. NAGRAJ, .		WR	+0.0m/s		10.64
2	MANI KANDAN, .		SCR	+0.0m/s		10.67
3	GANESH SATPUTE, .		CR	+0.0m/s		10.79
4	T. BALAMURUGAN, .		SR	+0.0m/s		10.80
5	ARUNJITH, .		SR	+0.0m/s		10.81
6	SUKENDU MONDAL, .		SER	+0.0m/s		11.11
Heat- 1						
1	MANI KANDAN, .		SCR	+0.1m/s		11.17
2	RITESH ANAND, .		CR	+0.1m/s		11.39
3	AJAY NAIK, .		SER	+0.1m/s		11.65
4	VILAS NEELAGUND, .		SWR	+0.1m/s		11.81
5	P.R. BHAGAT, .		SECR	+0.1m/s		12.30
	ANIL KUMAR DOGRA, .		RB			DNS
Heat- 2						
1	ARUNJITH, .		SR	+0.1m/s		11.09
2	GANESH SATPUTE, .		CR	+0.1m/s		11.12
3	ROSITA SAX, .		SWR	+0.1m/s		11.34
4	RAJA OOMMEN, .		WR	+0.1m/s		11.37
5	MANISH CHOUDHRY, .		NR	+0.1m/s		13.25
	SUKOMAL PAL, .		NER			DNF
Heat- 3						
1	T. BALAMURUGAN, .		SR	+0.1m/s		10.94
2	B.G. NAGRAJ, .		WR	+0.1m/s		10.97
3	SUKENDU MONDAL, .		SER	+0.1m/s		11.18
4	ANJEYANELU, .		SCR	+0.1m/s		11.24
5	SALINDER, .		NR	+0.1m/s		12.84
6	PRAKASH GAGRI, .		ECR	+0.1m/s		14.69
Event # 2 MENS 200m						
TIME:- 10:00 Hrs						
# I.R.:ARVIND . SOUTHERN RAILWAY 21.24 2006						
% N.R.:ANIL KUMAR P. BANGLORE 20.73 17/07/00						
Final						
1	MANI KANDAN, .		SCR	+0.0m/s		21.74
2	ARUNJITH, .		SR	+0.0m/s		21.92
3	AMRIK RANA, .		WR	+0.0m/s		21.98
4	RITESH ANAND, .		CR	+0.0m/s		22.00
5	SREEJITH, .		SR	+0.0m/s		22.43
6	NEERAJ PAWAR, .		NR	+0.0m/s		22.50
7	SUKENDU MONDAL, .		SER	+0.0m/s		23.13
	P. SRINIVAS, .		ECOR			DNF
Heat- 1						
1	RITESH ANAND, .		CR	+0.0m/s		23.04
2	ARUNJITH, .		SR	+0.0m/s		23.26
3	P. SRINIVAS, .		ECOR	+0.0m/s		26.75
	JITENDER, .		NR			DNS
	SUKOMAL PAL, .		NER			DNS
	VILAS NEELAGUND, .		SWR			DNS
	ANJEYANELU, .		SCR			DNS
Heat- 2						
1	MANI KANDAN, .		SCR	+0.1m/s		22.16
2	AMRIK RANA, .		WR	+0.1m/s		22.17
3	SREEJITH, .		SR	+0.1m/s		22.50
4	NEERAJ PAWAR, .		NR	+0.1m/s		22.62
5	SUKENDU MONDAL, .		SER	+0.1m/s		22.98
	B.G. NAGRAJ, .		WR			DNS
	RAKESH YADAV, .		ECR			DNS
	P.R. BHAGAT, .		SECR			DNS

Event # 3 MENS 400m						
TIME:-14:30 Hrs						
# I.R.:MANOJ LAL SOUTHERN RAILWAY 46.90 1999						
% N.R.:K.M. BINU ATHENS 45.48 20/08/04						
Final						
1	JITHIN PAUL, .		WR			47.73
2	NEERAJ PAWAR, .		NR			48.55
3	SREEJITH, .		SR			48.83
4	BINISH V.B, .		SR			49.79
5	VISHAMBER K, .		SWR			50.04
6	ARUN SINGH PANWAR, .		WR			50.23
7	RAKESH YADAV, .		ECR			51.08
Heat- 1						
1	SREEJITH, .		SR			49.50
2	NEERAJ PAWAR, .		NR			49.90
3	ARUN SINGH PANWAR, .		WR			50.82
4	RAKESH YADAV, .		ECR			51.29
5	BHARAT KUMAR, .		SWR			51.86
Heat- 2						
1	BINISH V.B, .		SR			50.75
2	JITHIN PAUL, .		WR			50.91
3	VISHAMBER K, .		SWR			51.22
4	BANGARIAH, .		SCR			51.24
	S.D.RAMOLA, .		RB			DNS
Event # 4 MENS 800m						
TIME:- 7:00 Hrs						
# I.R.:RAJEEV R. WESTERN RAILWAY 1:49.56 2006						
% N.R.:SRIRAM SINGH MONTREAL 1:45.77 27/07/76						
Final						
1	SAJEEESH JOSEPH, .		SR			1:53.81
2	SATNAM SINGH, .		RCF			1:54.73
3	VISHAMBER K, .		SWR			1:55.62
4	S. PRAKASH VERMA, .		WR			1:56.45
5	AJIT KUMAR, .		SER			1:57.04
6	D SOREN, .		ECOR			1:57.54
Heat- 1						
1	SATNAM SINGH, .		RCF			2:01.81
2	S. PRAKASH VERMA, .		WR			2:02.14
3	JASKARAN SINGH, .		NR			2:02.35
4	AJIT KUMAR, .		SER			2:02.39
5	KARUPPANNAN, .		SR			2:02.82
	J.P. PATEL, .		SECR			DNF
	VINOD KUMAR SINGH, .		NER			DNF
	RAJINDER KUMAR, .		RB			DNF
Heat- 2						
1	SAJEEESH JOSEPH, .		SR			2:03.44
2	D SOREN, .		ECOR			2:03.66
3	VISHAMBER K, .		SWR			2:04.63
4	RAJEEV R., .		WR			2:05.72
5	SANJAY KUMAR MISHRA, .		NER			2:13.53
6	BALJEET SINGH, .		NR			2:15.90
7	MANOJ KUMAR, .		SECR			2:46.44
Event # 5 MENS 1500m						
TIME:-9:15 Hrs						
#I.R.:B.PRASAD CENTRAL RAILWAY 3:47.10 1992-93						
% N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23/12/95						
1	SAJEEESH JOSEPH, .		SR			3:59.43
2	SATNAM SINGH, .		RCF			4:01.02
3	JAGDEEP SINGH, .		NCR			4:01.49
4	D SOREN, .		ECOR			4:02.94
5	AJIT KUMAR, .		SER			4:04.35
6	SUDHEER KUMAR, .		WR			4:08.13
7	MUTAIAH, .		SCR			4:08.59
8	S.G.HARISH, .		SWR			4:11.18
9	BINISH SOMAN, .		SR			4:13.94
10	AMANDEEP SINGH, .		RCF			4:26.18
11	MADAN KUMAR, .		SWR			4:27.69

12	GOPAL SINGH, .		NER		5:25.72
13	PRAMOD KUMAR, BATKARIA		SECR		5:53.84
Event # 6 MENS 5000m					
TIME:- 6:00Hrs					
#I.R.:R.. CENTRAL RAILWAY :14:05.80 13-1-2009					
%N.R.:B.PRASAD BIRMINGHAM :13:29.70 25/06/92					
1	AJAY VEER SINGH, .		NCR		14:26.00
2	SOJI MATHEW, .		WR		14:26.26
3	SANDIP KUMAR F, .		CR		14:26.73
4	PARAM SINGH, .		WR		14:33.46
5	SHRI HEMANTA KALITA, .		NFR		15:18.77
6	RAVINDER, .		RCF		15:40.88
7	BIRSA ORAOM, .		SECR		15:40.88
8	DAVENDER SINGH, .		NR		15:49.69
9	AMANDEEP SINGH, .		RCF		15:52.72
10	BASWARAJ, .		SWR		15:55.01
11	DEEP CHANDRA, .		NER		18:17.00
12	JAWAHAR PRASAD, .		NER		18:58.88
	RATI RAM SAINI, .		NR		DNS
	SATBIR SINGH, .		RB		DNS
	DINESH KUMAR, .		SWR		DNS
	DEVENDER SINGH, .		SR		DNS
	PRAVEEN SINGH PATEL, .		DLW		DNS
	RAJAN SINGH, .		CR		DNS
	ARVIND KUMAR, .		SECR		DNS
	B.L.I. BOSCO, .		SR		DNS
Event # 7 MENS 10000m					
TIME:-7:30 Hrs					
#I.R.:G.SAINI WESTERN RAILWAY :29:40.00 1980-81					
% N.R.:SURENDER SINGH VIGO-SPAIN :28:02.89 2008					
1	AJAY VEER SINGH, .		NCR		30:08.56
2	RATI RAM SAINI, .		NR		30:10.55
3	PARAM SINGH, .		WR		30:12.70
4	SOJI MATHEW, .		WR		30:43.38
5	SANDIP KUMAR F, .		CR		31:34.51
6	BIRSA ORAOM, .		SECR		33:29.89
7	DEVENDER SINGH, .		SR		36:26.84
8	RAVI KUMAR, .		NR		39:31.43
Event # 8 MENS 3000m Steeplechase					
TIME:- 16:00 Hrs					
# I.R.:GOPAL SAINI WESTERN RAILWAY 8:48.80 1980-81					
% N.R.:GOPAL SAINI TOKYO 8:30.88 5/6/1981					
1	YOGENDRA KUMAR, .		WR		9:20.70
2	SACHIN PATIL, .		CR		9:30.65
3	SHRI BHAGVAN DIWAKAR, GIRI		NWR		9:36.55
4	RAVINDRA KHADE, .		WR		9:43.10
5	JAY PRAKASH, .		SER		9:49.66
6	BINISH SOMAN, .		SR		10:34.30
Event # 9 MENS 110m Hurdles					
TIME:- 9:55 Hrs					
# I.R.:RAVI CHANDRAN SOUTHERN RAILWAY 14.00 1994					
% N.R.:SIDHANTH T. KOLKATTA 13.77 2011					
1	T. BALAMURUGAN, .		SR	+0.1m/s	14.55
2	HARISH K.A., .		WR	+0.1m/s	14.63
3	MUTHUSWAMY, .		SR	+0.1m/s	14.88
4	SATINDER SINGH, .		NR	+0.1m/s	15.22
5	PRASHANTH, .		SWR	+0.1m/s	15.48
6	ROTHI HAWAL, .		SWR	+0.1m/s	15.80
Event # 10 MENS 400m Hurdles					
TIME:- 8:20 Hrs					
#I.R.:J.ABRAHAM SOUTHERN RAILWAY 50.81 13-1-2009					
% N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 AUG.-2007					
1	JOSEPH ABRAHAM, .		SR		51.68
2	JITHIN PAUL, .		WR		51.95
3	AVIN THOMAS, .		WR		52.39
4	SATINDER SINGH, .		NR		53.23
5	PRASHANTH, .		SWR		55.59

6	VASHIST KUMAR RAI, .		NCR			1:17.75
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Event # 11 MENS High Jump						
TIME:- 13:00 Hrs						
# I.R.:HARI SHANKAR RAI EASTERN RAILWAY 2.21 2007						
% N.R.:HARI SHANKER ROY SINGAPORE 2.25 28.09.04						
1	NIKHIL CHITTRARASU, .		SR			2.15m
2	BENEDICT STARLE, .		SR			2.10m
3	HARI SANKAR ROY, .		ER			2.10m
4	KUNWAR SURJIT KR, SINGH		CLW			2.00m
5	PRINCE JOSE, .		WR			1.95m
6	KARTHIKAN, .		SWR			1.95m
6	VIPIN KUMAR SINGH, .		SWR			1.95m
Event # 12 MENS Pole Vault						
TIME:- 7:30 Hrs						
# I.R.:K.P. BIMIN SOUTHERN RAILWAY 5.05 13-1-2009						
% N.R.:VIJAY PAL SINGH TRIVENDRAM 5.10 27/12/87						
1	K.P. BIMIN, .		SR			4.80m
2	BINEESH JACOB, .		SWR			4.70m
3	BALAKRISHNAN, .		SWR			4.60m
4	SHRI DEVENDER KUMAR, .		NWR			4.50m
5	SURESH KUMAR, .		WR			4.00m
5	VIJAY VARGESE, .		SR			4.00m
Event # 13 MENS Long Jump						
TIME:- 11:00 Hrs						
# I.R.:SANJAY KUMAR RAI EASTERN RAILWAY 7.79 1998						
% N.R.:AMRIT PAL SINGH DELHI 8.08 16/03/04						
1	RAJA OOMMEN, .		WR	+0.0m/s		7.45m
2	MAHA SINGH, .		NR	+0.0m/s		7.44m
3	ROSITA SAX, .		SWR	+0.1m/s		7.41m
4	B. BASKAR, .		SR	+0.0m/s		7.37m
5	RENJITH M., .		WR	+0.0m/s		7.27m
6	ANGELO S.S, .		CR	+0.0m/s		7.12m
7	KLINTON K.J, .		SR	+0.0m/s		7.00m
8	DEEPAK KUMAR, .		SECR	+0.0m/s		5.27m
Event # 14 MENS Triple Jump						
TIME:- 12:00 Hrs						
# I.R.:RANJITH M. WESTERN RAILWAY 16.76 2007						
% N.R.:RENJITH MAHESHWARY DELHI CWG 17.07 2011						
1	RENJITH M., .		WR	+0.0m/s		15.92m
2	B. BASKAR, .		SR	+0.0m/s		14.82m
3	MANOJ T. THOMAS, .		SR	+0.0m/s		13.58m
4	ANISH KRISHNAN, .		WR	+0.0m/s		13.09m
Event # 15 MENS Discus Throw						
TIME:- 13:45 Hrs						
# I.R.:VIKAS POONIA NORTH CEN.RAILWAY 55.34 2011						
% N.R.:VIKAS GOWDA SALINAS 64.96 2007						
1	VIKASH POONIA, .		NCR			50.00m
2	DHARAMBEER SINGH, .		SWR			48.11m
3	RASHPAL SINGH, .		WCR			46.63m
4	SUNIL KUMAR, .		WR			46.49m
5	SHRI RAJESH KUMAR, .		NWR			42.51m
6	SIMRANJIT SINGH, .		DMW			41.93m
7	JAGAT NARAYAN MISHRA, .		NCR			41.56m
8	RAJIV MISHRA, .		SWR			40.06m
Event # 16 MENS Hammer Throw						
TIME:- 10:15 Hrs						
# I.R.:VIRENDER PUNIA WESTERN RAILWAY 66.76 1997						
% N.R.:RAKESH KUMAR YADAV BANGLORE 70.16 17/07/03						
1	BHUPENDRA SINGH, .		WR			56.85m
2	SUNIL POONIA, .		CR			56.84m
3	DIWAKAR SINGH, .		NCR			56.05m
4	AZAZ AHMED, .		SWR			55.03m
5	BHUPENDER, .		WR			54.38m
6	TALWINDER SINGH, .		DMW			53.44m
7	JOGINDER SINGH, .		NCR			52.13m
8	CHAMKAUR SINGH, .		DMW			47.48m

Event # 17 MENS Javelin Throw						
TIME:- 10:00 Hrs						
# I.R.:OM PRAKASH DUDI WESTERN RAILWAY 77.68 2000						
% N.R.:ANIL SINGH BHOPAL 80.72 2008						
1	ANIL SINGH, .		WR			73.72m
2	SHRI RAJENDRA SINGH, .		NWR			67.46m
3	SHARATH RAJ, .		SR			65.70m
4	ARAVIND KUMAR, .		SWR			63.61m
5	SATPAL, .		WR			63.02m
6	KRISHNA NAND TRIPATH, .		NCR			62.15m
7	SHRI HARPAL SINGH, .		NWR			60.79m
8	GAJENDER SINGH, .		NR			57.59m
Event # 18 MENS Shot Put						
TIME:- 9:30 Hrs						
# I.R.:SHAKTI SINGH NORTHERN RAILWAY 18.90 1998						
% N.R.:SHAKTI SINGH CHENNAI 20.42 29/07/00						
1	SHRI SATYENDER KUMAR, .		NWR			17.07m
2	ASHWINI SOLANKI, .		DMW			16.73m
3	SHIV KUMAR, .		SER			16.50m
4	MD. UJAID, .		NCR			16.19m
5	SHAILENDRA SINGH, .		NER			15.14m
6	SUKHDEV SINGH, .		RCF			14.69m
Event # 19 MENS 4x100m Relay						
TIME:- 11:00 Hrs						
#I.R.:N.R.A (VISHAL SAXENA, SATINDER SINGH, MAHA SINGH, SURENDRA SIN)						
% N.R.:IN (R.MOLLA, S.SURESH, SAMEER MON, A.N.QURESHI)						
1	SOUTHERN RAILWAY					41.71
388	NIKHIL CHITTRARASU, .		T. BALAMURUGAN, .			
387	MUTHUSWAMY, .		ARUNJITH, .			
376	BINISH V.B, .		M JALI, .			
2	WESTERN RAILWAY					41.80
442	HARISH K.A., .		RAJA OOMMEN, .			
452	RAMNARESH YADAV, .		B.G. NAGRAJ, .			
464	T. KAMATH, .					
3	NORTHERN RAILWAY					43.30
244	SATINDER SINGH, .		MAHA SINGH, .			
238	NEERAJ PAWAR, .		MANISH CHOUDHRY, .			
243	SALINDER, .		GURPINDER SINGH, .			
4	SOUTH WESTERN RLY					43.67
341	ROSITA SAX, .		ROTHI HAWAL, .			
347	VILAS NEELAGUND, .		BALAKRISHNAN, .			
346	SURYA KUMAR, .		DEEPAK, .			
5	SOUTH EASTERN RLY					44.45
310	SUKENDU MONDAL, .		AJAY NAIK, .			
306	CHANDAN MOHANTO, .		D.SRINIVAS RAO, .			
473	SAMRESH MITY, .					
6	SOUTH CENTRAL RLY					45.16
274	ANJEYANELU, .		BANGARIAH, .			
278	MANI KANDAN, .		VENUGOPAL, .			
282	RAVI, .					
7	NORTH EASTERN RLY					50.76
199	SUKOMAL PAL, .		BAJRANGI PRASAD, .			
191	AMIT PRASAD SINGH,		SANJAY KUMAR MISHRA			
200	VINOD KUMAR SINGH,					
	CENTRAL RAILWAY					DNF
128	GANESH SATPUTE, .		RITESH ANAND, .			
123	ANGELO S.S, .		ARUN KUMAR S., .			
127	DHANISH STEPHEN, .					
Event # 20 MENS 4x400m Relay						
TIME:- 16:40 Hrs						
#I.R.:S.R.A (BIBIN METHREW, SRIJITH P.S, BINISH V.B., JOSEPH ABRAHAM)						
%N.R.:I.N (LIJO DAVID, RAMACHANDRAN, JATA SHANKER, PARAMJIT S.)						
1	SOUTHERN RAILWAY					3:14.96
376	BINISH V.B, .	379	JOSEPH ABRAHAM, .			
393	SREEJITH, .	391	SAJEESH JOSEPH, .			
395	T. BALAMURUGAN, .	382	KARUPPANNAN, .			

2	WESTERN RAILWAY					3:15.39
443	JITHIN PAUL, .		436	AVIN THOMAS, .		
434	ARUN SINGH PANWAR,		431	AMRIK RANA, .		
455	S. PRAKASH VERMA, .					
3	SOUTH WESTERN RLY					3:21.36
349	VISHAMBER K, .		330	BHARAT KUMAR, .		
332	DEEPAK, .		339	PRASHANTH, .		
337	MADAN KUMAR, .		338	OMBEER SINGH, .		
4	NORTHERN RAILWAY					3:21.63
244	SATINDER SINGH, .		231	JASKARAN SINGH, .		
228	GURPINDER SINGH, .		224	BALJEET SINGH, .		
238	NEERAJ PAWAR, .					
5	SOUTH CENTRAL RLY					3:41.11
274	ANJEYANELU, .		276	BANGARIAH, .		
278	MANI KANDAN, .		279	MUTAIAH, .		
281	RAJA, .		282	RAVI, .		
6	RAIL COACH FACTORY					3:42.61
248	AMANDEEP SINGH, .		253	SATNAM SINGH, .		
251	RAMESH MOR, .		252	RAVINDER, .		
255	TEJINDER SINGH, .					
	CENTRAL RAILWAY					DNS
Event # 21 MENS 20000m Walk						
TIME:- 6:30 Hrs						
#I.R.:G.SINGH NORTHERN RAILWAY 1:23:05.84 2011						
% N.R.:BABU BHAI SERVICES 1:23:40.00 2007						
1	GURMEET SINGH, .			NR		1:20:22.52 *NMR
2	MANIRAM PATEL, .			WR		1:24:35.36
3	ASHOK KUMAR PATEL, .			SECR		1:33:01.42
4	SANDEEP SINGH, .			SWR		1:40:00.00
5	VASEEM RAJA, .			NR		1:42:00.00
	RAJKUMAR PATEL, .			DLW		DQ
	SHRI O SUSHIL KUMAR, SINGH			NFR		DQ
Event # 43 MENS Decathlon						
TIME:-						
#I.R.:R.NIWAS NORTH WESTERN RAILWA 7001 14-1-2009						
% N.R.:BHARTINDER SINGH BANGLORE 7658 2011						
1	RANEESH V.V, .			SR		4864
2	OMBEER SINGH, .			SWR		4695
3	DHANISH STEPHEN, .			CR		4394
4	SHRI RAM NISWAS, .			NWR		4208
5	DEVENDER KUMAR, .			WR		4186
6	ARUN KUMAR S., .			CR		4118
7	RAVI, .			SCR		3427
8	SHRI HARPAL SINGH, .			NWR		3304
9	P. RIJU, .			SR		765
Event # 66 MENS Marathon						
1	SIDDAPPA C., .			WR		No Time Available
2	SAGAR MALAP, .			WR		No Time Available
Event # 22 WOMENS 100m						
TIME:- 13:50 Hrs						
#I.R.:R.MISTRY CENTRAL RAILWAY 11.50 1998-99						
% N.R.:RACHITA MISTRY TRIVANDRAM 11.38 12.08.00						
Final						
1	SHRABANI NANDA, .			ECOR	+0.1m/s	11.95
2	ANCHU M.M, .			CR	+0.1m/s	11.96
3	PRIYA P.K, .			SR	+0.1m/s	11.97
4	MERILYN K. JOSEPH, .			WR	+0.1m/s	12.18
5	N SUDHA, .			ECOR	+0.1m/s	12.26
6	MANDIP KAUR, .			DMW	+0.1m/s	12.54
7	S. GEETHA, .			SCR	+0.1m/s	12.69
	MANISHA, .			DMW		DQ
Heat- 1						
1	ANCHU M.M, .			CR	+0.2m/s	12.15
2	PRIYA P.K, .			SR	+0.2m/s	12.18
3	N SUDHA, .			ECOR	+0.2m/s	12.34
4	S. GEETHA, .			SCR	+0.2m/s	12.76
5	MANISHA, .			DMW	+0.2m/s	12.78

6	RAKHI PAUL, .		ER	+0.2m/s	13.19
Heat- 2					
1	SHRABANI NANDA, .		ECOR	+0.1m/s	12.00
2	MERILYN K. JOSEPH, .		WR	+0.1m/s	12.39
3	MANDIP KAUR, .		DMW	+0.1m/s	12.59
4	RANJITA ROY, .		ER	+0.1m/s	12.94
5	KALPANA REDDY, .		SCR	+0.1m/s	12.99
	SHARAWAT, .		SR		DNS
Event # 23 WOMENS 200m					
TIME:- 10:35 Hrs					
# I.R.:P.T. USHA SOUTHERN RAILWAY 23.30 1989-90					
% N.R.:SARASWATI SAHA LUDHIANA 22.82 28/08/02					
Final					
1	SHRABANI NANDA, .		ECOR	+0.1m/s	24.56
2	SOUJANYA, .		SCR	+0.1m/s	24.76
3	PRIYA P.K, .		SR	+0.1m/s	25.06
4	MERILYN K. JOSEPH, .		WR	+0.1m/s	25.06
5	N SUDHA, .		ECOR	+0.1m/s	25.33
6	MANISHA, .		DMW	+0.1m/s	25.46
7	MANDIP KAUR, .		DMW	+0.1m/s	25.58
8	RAKHI PAUL, .		ER	+0.1m/s	27.48
Heat- 1					
1	SHRABANI NANDA, .		ECOR	+0.1m/s	25.28
2	MANDIP KAUR, .		DMW	+0.1m/s	26.48
3	RAKHI PAUL, .		ER	+0.1m/s	27.67
	S. GEETHA, .		SCR		DNS
	MANISHA DEVI, .		WR		DNS
Heat- 2					
1	PRIYA P.K, .		SR	+0.0m/s	25.45
2	N SUDHA, .		ECOR	+0.0m/s	25.75
3	SOUJANYA, .		SCR	+0.0m/s	25.81
4	MANISHA, .		DMW	+0.0m/s	25.89
5	MERILYN K. JOSEPH, .		WR	+0.0m/s	25.90
Event # 24 WOMENS 400m					
TIME:- 10:50 Hrs					
# I.R.:ROSA KUTTY SOUTHERN RAILWAY 52.54 1997-98					
% N.R.:MANJIT KAUR CHENNAI 51.05 16/06/04					
1	SOUJANYA, .		SCR		55.93
2	SONA, .		SWR		57.51
3	SUNITA KUMARI, .		WCR		1:00.19
4	SONIYA K.A, .		SR		1:00.49
5	E PRATHIBA, .		SR		1:01.41
6	RUMA BISWAS, .		ER		1:01.58
7	HARATHI, .		SCR		1:03.17
8	PRIYANSHU PANDEY, .		CR		1:05.06
Event # 25 WOMENS 800m					
TIME:- 9:15 Hrs					
# I.R.:ROSA KUTTY SOUTHERN RAILWAY 2:01.43 1997-98					
% N.R.:TINTU LUKA SPLIT 1:59.17 2010					
1	BINDU S.R, .		SR		2:10.10
2	JHUMA KHATUN, .		ER		2:14.08
3	SUNITA KUMARI, .		WCR		2:19.58
4	SANGITA YADAV, .		WR		2:26.23
5	RAJSHRI PATIL, .		WR		2:29.96
6	ALAYAKA, .		SCR		2:42.08
Event # 26 WOMENS 1500m					
TIME:- 9:00 Hrs					
# I.R.:O.P. JAISHA SOUTHERN RAILWAY 4:16.85 2006					
% N.R.:SUNITA RANI BUSAN 4:06.03 10.10.02					
1	BINDU S.R, .		SR		4:30.37
2	JHUMA KHATUN, .		ER		4:34.11
3	PRIYANKA S PATEL, .		CR		4:38.53
4	JIJIMOL JACOB, .		WR		4:40.89
5	MANISHA SALUNKE, .		CR		4:44.07
6	SANGITA YADAV, .		WR		4:56.84
7	JYOTI KOLEKAR, .		SWR		5:00.99

Event # 27 WOMENS 5000m						
TIME:-6:30 Hrs						
#I.R.:P.SRIDHARAN SOUTHERN RAILWAY :16:24.65 2011						
%N.R.:P.SREEDHARAN GUANGZHOU-CHINA :15:15.89 2010						
1	L. SURIYA, .		SR			16:44.40
2	LALITA BABAR, .		CR			16:56.00
3	SWATI GADHWE, .		CR			16:57.50
4	VIJAYMALA PATIL, .		WR			17:09.40
5	PAMPA CHANDA, .		ER			17:25.30
6	JIJIMOL JACOB, .		WR			17:35.40
Event # 28 WOMENS 10000m Run						
TIME:- 14:20 Hrs						
#I.R.:P.SREEDHARN SOUTHERN RAILWAY :34:00.28 2011						
%N.R.:P.SRIDHARAN WATFORD-LONDON :31:50.47 2010						
1	L. SURIYA, .		SR			36:02.06
2	PAMPA CHANDA, .		ER			36:20.06
3	LALITA BABAR, .		CR			36:24.81
4	KIRAN TIWARI, .		WR			36:36.99
5	SANNAKI TIPPAVA, .		SWR			37:37.94
6	VIJAYMALA PATIL, .		WR			38:15.24
Event # 29 WOMENS 3000m Steeplechase						
TIME:- 16:35 Hrs						
#I.R.:SUDHA SINGH CENTRAL RAILWAY						
%N.R.:SUDHA SINGH GUANGZHOU-CHINA 9:55.67 2010						
1	PRIYANKA S PATEL, .		CR			10:37.92
2	KIRAN TIWARI, .		WR			10:41.90
3	RAJSHRI PATIL, .		WR			11:40.76
4	RESHMI GURNULE, .		CR			12:16.68
	O.P.JAISA, .		ER			DNF
	SMT. KAMALESH BAGHEL, .		SECR			DNF
Event # 30 WOMENS 100m Hurdles						
TIME:- 10:15 Hrs						
#I.R.:DEBI BOSE EASTERN RAILWAY 13.86 1997-98						
%N.R.:ANURADHA BISWAL NEW DELHI 13.38 8/9/2002						
1	ANCHU M.M, .		CR	+0.2m/s		13.77 *NMR
2	MANJU P.M., .		WR	+0.2m/s		15.05
3	KARPURAMALA, .		SR	+0.2m/s		15.82
4	LEENA, .		SCR	+0.2m/s		19.57
	AKICHA GAZI, .		WR			DQ
	KUMARI, .		SCR			DQ
Event # 31 WOMENS 400m Hurdles						
TIME:- 8:35 Hrs						
#I.R.:P.T. USHA SOUTHERN RAILWAY 57.60 1984-85						
%N.R.:P.T. USHA LOS ANGELS 55.42 8/8/1984						
1	SHIJI JOHN, .		SWR			1:01.95
2	VIJAYALAKSHMI, .		SWR			1:03.02
3	SONIYA K.A, .		SR			1:04.45
4	E PRATHIBA, .		SR			1:04.92
5	LEENA, .		SCR			1:09.11
6	POOJA JHAKAR, .		WR			1:10.88
Event # 32 WOMENS High Jump						
TIME:- 10:00 Hrs						
#I.R.:S.KUMARI SOUTHERN WESTERN RLY 1.79 15-1-2009						
%N.R.:BOBBY ALOYSIUS CHENNAI 1.91 18/07/04						
1	SAHANA KUMARI, .		SWR			1.76m
2	A.C. CHANDANA, .		SWR			1.76m
3	SIJI N.K., .		WR			1.73m
4	MALIKA MONDAL, .		ER			1.73m
5	RENUKAMOL V.G, .		WR			1.60m
6	SANTI BARMAN, .		ER			1.55m
6	LIKSY JOSEPH, .		CR			1.55m
Event # 33 WOMENS Pole Vault						
TIME:- 9:00 Hrs						
#I.R.:V.S. SUREKHA SOUTHERN RAILWAY 4.05 2006						
%N.R.:V.S. SUREKHA PATIALA 4.08 2006						
1	SUREKA V.S, .		SR			3.50m
2	REMYA R, .		WR			3.20m

3	DIJA K.C., .		CR		3.10m
4	ANUSHA K.P., .		CR		3.10m
5	MADHUSHINI DEVI, .		WR		2.85m
Event # 34 WOMENS Long Jump					
TIME:- 13:30 Hrs					
# I.R.:J.SHOBHA SOUTH CENTRAL RAILWA 6.34 2003-04					
% N.R.:ANJU B.GEORGE ATHENS 6.83 27/08/04					
1	M.A. PRAJUSHA, .		SWR	+0.0m/s	5.90m
2	SUSAN K JOY, .		CR	-0.1m/s	5.85m
3	SHALU CHOUDHARY, .		CR	-0.2m/s	5.56m
4	AKICHA GAZI, .		WR	+0.0m/s	5.37m
5	ROSHNA JOSE, .		WR	-0.1m/s	5.26m
6	TINDU VARGHESE, .		SR	-0.1m/s	4.25m
Event # 35 WOMENS Triple Jump					
TIME:- 9:00 Hrs					
# I.R.:MANISHA DEY EASTERN RAILWAY 13.39 2006					
% N.R.:M.A. PRAJUSHA DELHI CWG 13.72 2010					
1	M.A. PRAJUSHA, .		SWR	+0.1m/s	12.50m
2	AMITHA BABY, .		CR	+0.0m/s	12.29m
3	TESSYMOL JOSEPH, .		CR	+0.1m/s	10.85m
4	TINDU VARGHESE, .		SR	+0.1m/s	10.71m
5	SAHANA KUMARI, .		SWR	+0.0m/s	10.64m
Event # 36 WOMENS Discus Throw					
TIME:- 9:30 Hrs					
# I.R.:NEEALM J.SINGH RCF 56.87 2003-04					
% N.R.:SEEMA ANTIL CHENNAI 64.64 16/06/04					
1	PARMILA, .		WR		44.02m
2	AMANPREET KAUR, .		RCF		41.77m
3	ANITHA ABRAHAM, .		SR		38.10m
4	SAVITA CHOUDHARY, .		CR		36.20m
5	ARCHNA KOLE, .		ER		33.84m
6	PRAMILA BHARALI, .		NFR		31.12m
Event # 37 WOMENS Hammer Throw					
TIME:- 11:30 Hrs					
# I.R.:RITU RANI S.E.CENTRAL RAILWAY 60.91 2006					
% N.R.:HARDEEP KAUR NEW DELHI 61.67 8/9/2002					
1	MANJU BALA, .		WR		54.32m
2	ANITHA ABRAHAM, .		SR		53.91m
3	GUNJAN SINGH, .		ER		53.70m
4	SARITA P. SINGH, .		WR		52.81m
5	ANITA PATEL, .		CR		43.74m
6	USHMA SINGH, .		NR		41.19m
7	VANITA RATHODE, .		SWR		34.19m
8	RAKHEE BAYAS, .		CR		33.40m
Event # 38 WOMENS Javelin Throw					
TIME:- 8:15 Hrs					
# I.R.:SUMAN RANI EASTERN RAILWAY 51.61 1999-2000					
% N.R.:GURMEET KAUR BANGLORE 58.64 17/07/00					
1	SARASWATHY, .		SR		49.68m
2	MUKESH KUMARI, .		WR		46.75m
3	APLESH, .		CR		40.60m
4	N.M. HEMALATA, .		SWR		39.85m
5	POONAM SINGH, .		SWR		39.17m
Event # 39 WOMENS Shot Put					
TIME:- 15:00 Hrs					
# I.R.:HARBANS KAUR DCR 17.46 1999-2000					
% N.R.:HARBANS KAUR MUMBAI 17.43 24/11/97					
1	UDAYA LAXMI, .		SCR		13.40m
2	SARASWATHY, .		SR		13.38m
3	NEELAM SINGH, .		SWR		12.72m
4	APLESH, .		CR		12.05m
5	AMANPREET KAUR, .		RCF		11.28m
6	ARCHNA KOLE, .		ER		9.75m
7	MISS CHAMPA GOGOI, .		NFR		9.63m
8	PRAMILA BHARALI, .		NFR		9.32m

Event # 40 WOMENS 4x100m Relay							
TIME:- 11:15 Hrs							
#I.R.:S.RAILWAY SOUTHERN RAILWAY 46.44 2006							
% N.R.:INDIAN NATIONAL TEAM FUKUKA 44.43 22/07/98							
1	CENTRAL RAILWAY						48.57
102	ANCHU M.M. ,		101	AMITHA BABY ,			
116	SHALU CHOUDHARY ,		108	LIKSY JOSEPH ,			
110	NIKSY JOSEPH ,		119	SUSAN K JOY ,			
2	SOUTH CENTRAL RLY						49.26
266	KALPANA REDDY ,		270	S. GEETHA ,			
272	SOUJANYA ,		264	HARATHI ,			
268	LEENA ,						
3	SOUTH WESTERN RLY						49.34
321	SHIJI JOHN ,		322	SONA ,			
315	M.A. PRAJUSHA ,		324	VIJAYALAKSHMI ,			
311	A.C. CHANDANA ,						
4	EASTERN RAILWAY						49.40
169	RAKHI PAUL ,		162	ARJINA KHATUN ,			
170	RANJITA ROY ,		171	RUMA BISWAS ,			
175	SUSMITA SINGH ROY ,		173	SANTI BARMAN ,			
5	WESTERN RAILWAY						49.47
409	MANJU P.M. ,		407	MANISHA DEVI ,			
402	AKICHA GAZI ,		410	MERILYN K. JOSEPH ,			
415	POOJA JHAKAR ,						
6	SOUTHERN RAILWAY						50.23
360	PRIYA P.K. ,		365	SONIYA K.A. ,			
353	E PRATHIBA ,		352	DAYANA CLINTON ,			
351	BINDU S.R. ,						
Event # 41 WOMENS 4x400m Relay							
TIME:- 17:00 Hrs							
#I.R.:S.RAILWAY SOUTHERN RAILWAY 3:40.26 1997-98							
%N.R.:I.NATIONAL TEAM ATHENS 3:26.89 27/08/04							
1	SOUTH WESTERN RLY						3:52.54
322	SONA ,		321	SHIJI JOHN ,			
324	VIJAYALAKSHMI ,		314	JYOTI KOLEKAR ,			
2	SOUTH CENTRAL RLY						3:56.58
266	KALPANA REDDY ,		270	S. GEETHA ,			
272	SOUJANYA ,		268	LEENA ,			
264	HARATHI ,						
3	SOUTHERN RAILWAY						3:57.24
353	E PRATHIBA ,		365	SONIYA K.A. ,			
351	BINDU S.R. ,		352	DAYANA CLINTON ,			
360	PRIYA P.K. ,						
4	CENTRAL RAILWAY						3:58.44
107	LALITA BABAR ,		111	PRIYANKA S PATEL ,			
109	MANISHA SALUNKE ,		112	PRIYANSHU PANDEY ,			
114	RESHMI GURNULE ,		110	NIKSY JOSEPH ,			
5	EASTERN RAILWAY						4:07.14
171	RUMA BISWAS ,		172	SABINA KHATUN ,			
164	JHUMA KHATUN ,		173	SANTI BARMAN ,			
6	WESTERN RAILWAY						4:08.20
Event # 42 WOMENS 20000m Walk							
TIME:- 6:30 Hrs							
#I.R.:L.DEVI EASTERN RAILWAY 1:43:48.58 2006							
% N.R.:Y.BALA DEVI HYDERABAD 1:43:06.00 2003							
1	DEEP MALA DEVI ,			ER			1:41:54.57 *NMR
2	SERENA ,			SCR			1:51:56.56
3	ANITA MAHALA ,			SWR			1:53:55.85
4	SUPRIYA ADAK ,			WR			2:00:44.68
Event # 54 WOMENS Heptathlon							
TIME:-							
# I.R.:G.G. PRAMILA SOUTH CENTRAL RAILWA 5657 1999							
% N.R.:J.J. SHOBHA DELHI 6211 17.03.04							
1	SUSMITA SINGH ROY ,			ER			4372
2	LIKSY JOSEPH ,			CR			4121
3	NIKSY JOSEPH ,			CR			3996
4	ROSHNA JOSE ,			WR			3412

5	KARPURAMALA, .		SR			2016
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